

HOSTETTER'S
ILLUSTRATED
UNITED STATES
ALMANAC
1909.



FOR MERCHANTS, MECHANICS, MINERS,
FARMERS, PLANTERS,
AND
GENERAL FAMILY USE.

Carefully calculated for such Meridians and Latitudes as are best suited for a Universal
Calendar for the United States.

PUBLISHED BY
THE HOSTETTER COMPANY,
PITTSBURGH, PA.



BUY NONE BUT THE GENUINE HOSTETTER.

AN introductory word of caution may not be out of place at the opening of this Almanac. Notwithstanding the people at large are becoming more intelligent, and able to detect the devious ways of those who would lure them to their ruin, there are men who still attempt to beguile the unwary with new and strange devices, whose methods are as crooked as their morals. For all such the purchaser of **Hostetter's Stomach Bitters** must be on his guard, using the skill necessary to select the genuine from the spurious. Deal only with tradesmen of recognized probity, who will not be seduced by paltry gain to deceive their patrons.

Now that the imitation of our Trade Mark, and the refilling of our empty bottles is made a crime, with penalty of fine or imprisonment, or both, the counterfeiters and imitators must work under more hazardous surroundings than heretofore, as the leaden heel of the Federal government follows closely upon the commission of the crime.

To foil all the schemes of these illegal practitioners, we call particular attention to the following description of the bottle in which the genuine Bitters is sold:

MARKS OF IDENTIFICATION.

The name of the preparation (Dr. J. Hostetter's Stomach Bitters,) is blown in the bottle. A fine steel plate label is put upon one side of the bottle with St. George and the Dragon as a vignette, and at its foot a miniature note of hand, with *fac-simile* of our President's signature. The directions for use are on the opposite side, in bronze letters on a dark ground. A metallic cap, stamped with a medallion head and the name of the article envelops the cork. An elegantly engraved Private Die Proprietary Stamp covers the metallic cap and cork, and adheres to the neck of the bottle on either side. The Company's monogram seal is burned on the top, thus  of each cork, as an extra guard against refilling of the bottle by  disreputable concerns who pirate the good name of meritorious medicines.

The legal department of our business is fully equipped to war on any and all corporations or persons who endeavor to defraud us of our well-earned character, to the manifest detriment of sufferers who seek relief and health from the Bitters. It has succeeded in bringing to conviction and punishment hundreds of offenders in the past fifty years, and the machinery of justice is just as pure and impartial to-day to vindicate our rightful claims in the future.

HOSTETTER'S STOMACH BITTERS has so long been a medicine of international repute that all who are troubled with stomach, liver and bowel complaints should resort to it now, and prove by their personal experience its healing virtues.

529.5
H 796
1909

Hostetter's United States Almanac

FOR THE YEAR

1909

CALCULATED FOR

BOSTON, PITTSBURGH & NEW ORLEANS.

AN AWAKENED PUBLIC SENTIMENT.

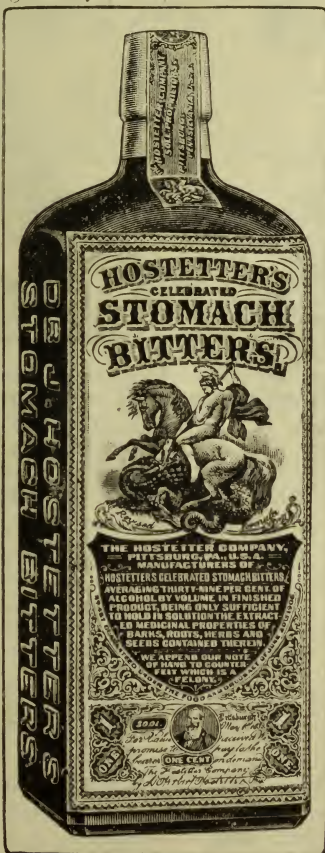
THE American people are patient and long suffering. They have ever been the victims of misplaced confidence in the honesty of those who furnish them with all the necessities of life. But the evil has grown so universal that opposition has been stimulated, and from the protest of some obscure civic society, it has expanded into a deep-seated public sentiment, that this practice of imitating and adulterating standard and meritorious articles must cease. The campaign of education for purity in all food products met many vicissitudes, but ever gaining converts. Committees of public spirited citizens invaded congressional and legislative halls, until the cry for honesty found its statutory expression in the Pure Food Law of 1906.

The proprietors of **Hostetter's Stomach Bitters** hail this enactment as the harbinger of a better day, when

the upright manufacturer will be rid of a horde of conscienceless freebooters, who, masquerading under false colors, wrest the fruits of fair dealing and judicious advertising from their rightful owners. They have no fear of coming into collision with such a law, as their record for over fifty years shows that they have maintained the integrity of their product, and the increasing popularity of the article is proved by the hundreds of unsolicited testimonials published broadcast over the land.

For all diseases affecting the digestion and assimilation of our food, strengthening the stomach, manufacturing pure red blood, bounding through every artery and vein of our system, regulating and re-enforcing all the organs on which life and health depend, is the mission and message it brings to every

one who faithfully follows the directions for its use. Try the Bitters at once.



HOSTETTER'S ALMANAC.

1909

THE TWELVE SIGNS OF THE ZODIAC.

RAM, Aries,  THE HEAD.



CHRONOLOGICAL CYCLES.

Dominical Letter,.....	C.	Solar Cycle,.....	14
Epact,	8	Roman Indiction,	7
Lunar Cycle, or Golden Number,.....	10	Julian Period,	6622

FIXED AND MOVABLE FESTIVALS.

Epiphany,	Jan. 6	Rogation Sunday,.....	May 16
Septuagesima Sunday,.....	Feb. 7	Ascension Day,.....	" 20
Quinquagesima—Shrove Sund.,	" 21	Pentecost—Whit Sunday,	" 30
Ash Wednesday,	" 24	Trinity Sunday,.....	June 6
First Sunday in Lent,.....	" 28	Corpus Christi,.....	" 10
St. Patrick's Day,.....	Mar. 17	Michaelmas Day,.....	Sept. 29
Annunciation,.....	" 25	First Sunday in Advent,.....	Nov. 28
Palm Sunday,.....	April 4	Christmas Day,.....	Dec. 25
Good Friday,.....	" 9	Ember Days.	
Easter Sunday,.....	" 11	Mar. 3, 5, 6; Sept. 15, 17, 18;	
Low Sunday,.....	" 18	June 2, 4, 5; Dec. 15, 17, 18.	

MEAN TIME. (As used in this Almanac.)

The interval between the Sun's transit over the same meridian being unequal in length, it is impossible to regulate clocks by it. To avoid this irregularity, a fictitious Sun, called the **MEAN SUN**, is supposed to move in the equator with a uniform velocity, at times in advance or behind the True Sun, the greatest deviation being about 16 minutes. The difference between Apparent and Mean Time is called the Equation of Time. To obtain True or Apparent Time add to or subtract from the Mean Time the figures in column Sun Fast or Slow. Clocks and chronometers used by navigators are regulated to Mean Solar Time.

THE CALCULATIONS OF THIS ALMANAC ARE GIVEN IN MEAN SOLAR TIME

ECLIPSES FOR THE YEAR 1909

In the year 1909 there will be FOUR Eclipses, two of the Sun and two of the MOON.

I.—A Total Eclipse of the Moon, June 3. Visible to South America and Africa, and in part to North America, Europe, and south-western Asia. Occurring as follows :

	BOSTON.	PITTSBURGH.	NEW ORLEANS.
Total Eclipse begins,.....	8 h. 14 m. A.	7 h. 38 m. A.	6 h. 58 m. A.
Middle of Eclipse,.....	8 " 45 " "	8 " 9 " "	7 " 29 " "
Total Eclipse ends,.....	9 " 16 " "	8 " 40 " "	8 " 0 " "

First contact of Shadow, 55 degrees from the south point of the Moon's limb toward the East. Magnitude of Eclipse = 1.164. Moon's diameter = 1.0.

II.—A Total Eclipse of the Sun, June 17. Visible to North America, as far south as a line drawn from San Francisco to the mouth of the Rio Grande River, and the northern and eastern portions of Asia. Occurring as partial eclipse as follows :

CITIES.	BEGINS.	ENDS.	CITIES.	BEGINS.	ENDS.
Boston,	7 h. 10 m. A.	Middle after sunset.	Chicago,	6 h. 14 m. A.	Soon after sunset.
N. York,	7 " 3 " "	" " "	N. Orleans,	6 " 35 " "	Middle " "
Phila.,	7 " 0 " "	" " "	Charlest.	6 " 58 " "	" " "
Pitts.,	6 " 43 " "	" at "	Wash.	6 " 56 " "	" " "
Cincin.,	6 " 30 " "	After sunset.	Galvest.	6 " 26 " "	After sunset.

III.—A Total Eclipse of the Moon, November 27. Visible to North America and the Atlantic and Pacific Oceans, and in part to South America, the extreme western portions of Europe and Africa, and the eastern portions of Asia and Australia.

	BOSTON.	PITTSBURGH.	NEW ORLEANS.
Moon enters Shadow,	2 h. 27 m. Morn.	1 h. 51 m. Morn.	1 h. 11 m. Morn.
Total Eclipse begins,	3 " 30 " "	2 " 54 " "	2 " 14 " "
Middle of Eclipse,	4 " 11 " "	3 " 35 " "	2 " 55 " "
Total Eclipse ends,	4 " 52 " "	4 " 16 " "	3 " 36 " "

First contact of Shadow, 58 degrees from the north point of the Moon's limb toward the East. Magnitude of Eclipse = 1.372. Moon's diameter = 1.0.

IV.—A Partial Eclipse of the Sun, Dec. 12-13. Invisible to the United States. Visible to the extreme south-eastern tip of Australia, the southern portion of New Zealand, and the South Polar regions.

THE SEASONS. (Pittsburgh Time.)

Vernal Equinox,.....	Spring begins,.....	March.....	21 d. 0 h. 53 m. A. M.
Summer Solstice,.....	Summer ".....	June.....	21 d. 8 h. 45 m. P. M.
Autumnal Equinox,.....	Autumn ".....	Sept.....	23 d. 11 h. 24 m. A. M.
Winter Solstice,.....	Winter ".....	Dec.....	22 d. 6 h. 0 m. A. M.

MORNING AND EVENING STARS, 1909.

Mercury will be Evening Star about January 26, May 20, and Sept. 17 ; and Morning Star about March 9, July 7, and October 28.

Venus will be Morning Star till April 28 ; then Evening Star the rest of the year.

Jupiter will be Morning Star till February 28 ; then Evening Star till September 18 ; and then Morning Star again the rest of the year.

1st
Month31
Days

JANUARY

MOON'S PHASES.

☾	FULL MOON.....
☾	LAST QUARTER.....
☾	NEW MOON.....
☾	FIRST QUARTER.....

BOSTON.

D.	H.	M.
6	9	29 Mor.
14	1	27 Eve.
21	7	28 Eve.
28	10	23 Mor.

PITTSBURGH.

D.	H.	M.
6	8	53 Mor.
14	0	51 Eve.
21	6	52 Eve.
28	9	47 Mor.

NEW ORLEANS.

D.	H.	M.
6	8	13 Mor.
14	0	11 Eve.
21	6	12 Eve.
28	9	7 Mor.

Days		HISTORICAL EVENTS.	Moon's C.	Sun slow	BOSTON.			PITTSBURGH.			NEW ORLEANS.		
Mon.	Week				Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.

1	Fr	Cuba transf. to U. S. 1899	☾	3 40	7 30	4 38	2 19	7 24	4 43	2 18	6 56	5 12	2 7
2	Sa	Randolph Sec. State 1794	☾	4 8	7 30	4 39	3 28	7 24	4 43	3 25	6 56	5 12	3 9

(1.) 2d SUNDAY AFTER CHRISTMAS. Luke 2. Day's Length, (Pitts.) 9 h. 20 m.

3	S	Bishop Hughes d., 1864	☾	4 36	7 30	4 40	4 36	7 24	4 44	4 32	6 57	5 13	4 10
4	Mo	Isaac Newton born, 1642	☾	5 3	7 30	4 41	5 42	7 25	4 45	5 37	6 57	5 14	5 10
5	Tu	Canton bombarded, 1857	☾	5 30	7 30	4 42	6 46	7 25	4 46	6 41	6 57	5 15	6 11
6	We	Michigan admitted, 1837	☾	5 57	7 30	4 43	rises	7 25	4 47	rises	6 57	5 15	rises
7	Th	Jas. Fisk Jr. assass. 1872	☾	6 23	7 30	4 44	5 44	7 25	4 48	5 51	6 57	5 16	6 22
8	Fr	Eli Whitney died, 1825	☾	6 49	7 29	4 45	6 45	7 24	4 49	6 51	6 57	5 17	7 17
9	Sa	Astor Library opened '54	☾	7 14	7 29	4 46	7 47	7 24	4 50	7 52	6 57	5 18	8 13

(2.) 1st SUNDAY AFTER EPIPHANY. Luke 2. Day's Length, (Pitts.) 9 h. 27 m.

10	S	D. Gilpin Att.-Gen. 1840	☾	7 38	7 29	4 47	8 47	7 24	4 51	8 51	6 57	5 18	9 7
11	Mo	Gen. Ben. Butler d., 1893	☾	8 2	7 29	4 48	9 47	7 24	4 52	9 50	6 57	5 19	10 1
12	Tu	Henry Clay born, 1777	☾	8 26	7 28	4 49	10 47	7 23	4 53	10 49	6 57	5 10	10 54
13	We	Adm. Porter died, 1891	☾	8 49	7 28	4 50	11 47	7 23	4 55	11 48	6 57	5 21	11 46
14	Th	Gen. W. T. Sherman d. '91	☾	9 11	7 28	4 51	mor.	7 22	4 56	mor.	6 57	5 22	mor
15	Fr	Geo. Bancroft died, 1891	☾	9 32	7 27	4 53	0 48	7 22	4 57	0 47	6 57	5 23	0 40
16	Sa	Battle of Corunna, 1809	☾	9 53	7 27	4 54	1 51	7 22	4 58	1 49	6 57	5 24	1 36

(3.) 2d SUNDAY AFTER EPIPHANY. John 2. Day's Length, (Pitts.) 9 h. 38 m.

17	S	J. Breck'ridge Att.-G. '06	☾	10 14	7 26	4 55	2 57	7 21	4 59	2 54	6 57	5 24	2 35
18	Mo	London Times est., 1785	☾	10 33	7 26	4 56	4 5	7 21	5 0	4 1	6 56	5 25	3 37
19	Tu	Gen. R. E. Lee b., 1807	☾	10 52	7 25	4 57	5 13	7 20	5 1	5 8	6 56	5 26	4 39
20	We	David Garrick died, 1778	☾	11 10	7 24	4 59	6 19	7 20	5 2	6 14	6 56	5 27	5 43
21	Th	Southern died, 1880	☾	11 28	7 24	5 0	sets	7 19	5 3	sets	6 55	5 28	sets
22	Fr	Dreyfus Riot, France, '98	☾	11 44	7 23	5 1	5 50	7 19	5 4	5 56	6 55	5 29	6 22
23	Sa	Wm. Pitt died, 1806	☾	12 0	7 22	5 2	7 10	7 18	5 6	7 15	6 55	5 29	7 35

(4.) 3d SUNDAY AFTER EPIPHANY. Matt. 8. Day's Length, (Pitts.) 9 h. 49 m.

24	S	Gen. R. A. Alger d., 1907	☾	12 15	7 22	5 4	8 29	7 18	5 7	8 32	6 54	5 30	8 46
25	Mo	Gen. B. Weaver d., 1806	☾	12 29	7 21	5 5	9 45	7 17	5 8	9 47	6 54	5 31	9 53
26	Tu	Virginia readmitted 1870	☾	12 43	7 21	5 6	10 58	7 16	5 9	10 58	6 54	5 32	10 57
27	We	Jas. G. Blaine died, 1883	☾	12 55	7 20	5 7	mor.	7 15	5 11	mor.	6 53	5 33	mor
28	Th	J. Scull, Pitts. 1st Ed. d. '23	☾	13 7	7 18	5 9	0 9	7 15	5 12	0 3	6 53	5 34	0 0
29	Fr	Pitts. 1st Ins. Pol., 1812	☾	13 18	7 17	5 10	1 20	7 14	5 14	1 18	6 52	5 35	1 3
30	Sa	Guy Fox executed, 1606	☾	13 28	7 16	5 11	2 29	7 13	5 15	2 25	6 52	5 36	2 5

(5.) 4th SUNDAY AFTER EPIPHANY. Matt. 8. Day's Length, (Pitts.) 10 h. 4 m.

31	S	Earthq. coast of Col. '06	☾	13 37	7 15	5 13	3 35	7 12	5 16	3 30	6 51	5 37	3 5
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TO CONQUER PREVENTABLE DISEASES.

Hostetter's • Stomach • Bitters

OFFERS AN ANTIDOTE AND CURE

FOR MANY INFIRMITIES WHICH AFFLICT HUMANITY.

OVER HALF A CENTURY'S SUCCESS ATTESTS ITS CURATIVE POWERS.

THE appalling waste and misery attendant upon human life, from diseases which are preventable, is a problem few persons consider. It is of interest to every one that this subject should be investigated, as an incentive to preserve the body in health when vigorous, and to provide those means within the reach of every one to restore the normal action of those functions and organs that are either weak or diseased.

Prof. J. Pease Norton, a professor at Yale University, a statistician of international repute, recently read a paper before the American Association for the Advancement of Science, giving figures on this subject which must challenge the serious attention of all thinking men and women. His conclusions are based upon a thorough study of the subject, and may be regarded as in the main approximately correct:—

"1,500,000 persons will die in the United States in the next 12 months; 4,200,000 will be constantly sick in the next 12 months; 5,000,000 homes, or 25,000,000 persons will be made wretched by sickness and death in the same period. Of persons now living in this country 8,000,000 will die of pneumonia, 8,000,000 will die of tuberculosis, 6,000,000 will die of diseases of the

heart; 6,000,000 infants under two years of age will die in the next ten years. The present average length of life here is about 40 years. The time lost from sickness amounts, on an average, to nine days per year, or 2,000,000 years of life each year. If one-third of this could be saved, the money value would not be less than \$500,000,000 annually."

When we reflect that the unit of all these startling figures is the suffering individual, each bearing his burden alone, seeking relief from the infirmity which destroys his usefulness as a citizen, and renders his life a blank in the world's activities. We meet them at every turn, and may be marching in their ranks. Should it not stimulate us to rescue at least one victim from the subjection of this monster Disease in its myriad forms.

Many remedies have been discovered to cure the various phases in which human infirmity manifests itself, and none has had such a crucial test and so successful a career as **Hostetter's Stomach Bitters**. For all those irregularities caused by non-nutrition or mal-nutrition, when the stomach fails to perform its allotted task, causing fermentation and gas, seriously affecting the heart and the other vital organs,



MOON'S PHASES.					BOSTON.			PITTSBURGH.			NEW ORLEANS.				
					D.	H.	M.	D.	H.	M.	D.	H.	M.		
☾	FULL MOON.....				5	3	41 Mor.	5	3	5 Mor.	5	2	25 Mor.		
☾	LAST QUARTER.....				13	8	3 Mor.	13	7	27 Mor.	13	6	47 Mor.		
☾	NEW MOON.....				20	6	8 Mor.	20	5	32 Mor.	20	4	52 Mor.		
☾	FIRST QUARTER.....				26	10	5 Eve.	26	9	29 Eve.	26	8	49 Eve.		
Days		HISTORICAL EVENTS.			Moon's C.	Sun slow	Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
Mon.	Week														
					M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Mo	Prof. Murray died, 1873			☐	13 46	7 14	5 14	4 37	7 11	5 17	4 32	6 51	5 37	4 2
2	Tu	Prof. S. P. Langley d. '06			☐	13 53	7 13	5 15	5 34	7 10	5 19	5 29	6 50	5 38	4 58
3	We	Greece decl'd free, 1830			☐	14 0	7 12	5 17	6 24	7 9	5 20	6 19	6 50	5 39	5 49
4	Th	1st Conf. Congress, 1861			☐	14 6	7 11	5 18	rises	7 8	5 21	rises	6 49	5 40	rises
5	Fr	Ole Bull born, 1810			☐	14 11	7 10	5 19	5 36	7 7	5 22	5 42	6 48	5 41	6 5
6	Sa	Franklin Treaty, 1778			☐	14 16	7 9	5 20	6 37	7 6	5 23	6 41	6 48	5 41	7 0

(6.) SEPTUAGESIMA SUNDAY.

Matt. 20.

Day's Length, (Pitts.) 10 h. 21 m.

7	S	Baltimore Fire, 1904	☐	14 19	7 8	5 22	7 38	7 4	5 25	7 41	6 47	5 42	7 54
8	Mo	Peter the Great d., 1825	☐	14 22	7 7	5 23	8 38	7 3	5 26	8 40	6 46	5 43	8 47
9	Tu	Republic at Rome, 1849	☐	14 24	7 5	5 24	9 37	7 2	5 27	9 38	6 46	5 44	9 38
10	We	Brig "Resolute" capt., '13	☐	14 25	7 4	5 26	10 37	7 1	5 28	10 37	6 45	5 45	10 31
11	Th	Riots at Cork, 1868	☐	14 25	7 3	5 27	11 38	7 0	5 29	11 37	6 44	5 46	11 26
12	Fr	Baltimore Blizzard, 1899	☐	14 25	7 1	5 28	mor.	6 58	5 31	mor.	6 43	5 46	mor.
13	Sa	Capt. Cook killed, 1779	☐	14 24	7 0	5 30	0 41	6 57	5 32	0 38	6 42	5 47	0 22

(7.) SEXAGESIMA SUNDAY.

Luke 8.

Day's Length, (Pitts.) 10 h. 37 m.

14	S	St. Valentine's day	☐	14 22	6 58	5 31	1 46	6 56	5 33	1 42	6 41	5 48	1 20
15	Mo	Cyrus McCormick b. '09	☐	14 19	6 57	5 32	2 52	6 55	5 34	2 47	6 40	5 49	2 20
16	Tu	Dr. Kane died, 1857	☐	14 16	6 56	5 33	3 58	6 53	5 35	3 53	6 39	5 50	3 22
17	We	John B. Gough d., 1886	☐	14 12	6 55	5 35	5 0	6 52	5 37	4 55	6 39	5 50	4 24
18	Th	Gen. Lee in command '65	☐	14 8	6 53	5 36	5 56	6 50	5 38	5 51	6 38	5 51	5 23
19	Fr	Ohio admitted, 1803	☐	14 2	6 52	5 37	sets	6 49	5 39	sets	6 37	5 52	sets
20	Sa	Gen. P. Beauregard d. '93	☐	13 56	6 50	5 38	6 0	6 48	5 40	6 4	6 36	5 53	6 21

(8.) QUINQUAGESIMA—SHROVE SUNDAY.

Luke 18.

Day's Length, (Pitts.) 10 h. 55 m.

21	S	Rev. Robt. Hall d., 1831	☐	13 50	6 49	5 40	7 19	6 46	5 41	7 22	6 35	5 53	7 31
22	Mo	Florida ceded to U.S. 1819	☐	13 42	6 47	5 41	8 37	6 45	5 43	8 38	6 34	5 54	8 40
23	Tu	John Q. Adams d., 1848	☐	13 34	6 46	5 42	9 53	6 43	5 44	9 53	6 33	5 55	9 47
24	We	Chas. Du. of Rutland, 1784	☐	13 26	6 44	5 43	11 7	6 42	5 45	11 5	6 32	5 56	10 52
25	Th	1st U.S. Bank chart'd 1791	☐	13 16	6 43	5 45	mor.	6 41	5 46	mor.	6 31	5 56	11 57
26	Fr	Gallatin Sec. of Treas. '02	☐	13 7	6 41	5 46	0 19	6 39	5 47	0 16	6 30	5 57	mor.
27	Sa	Cronje surrend'd, 1900	☐	12 56	6 40	5 47	1 28	6 38	5 48	1 24	6 29	5 58	0 58

(9.) 1st SUNDAY IN LENT.

Matt. 4.

Day's Length, (Pitts.) 11 h. 13 m.

28	S	Gen. W. F. Smith d., 1903	☐	12 45	6 38	5 48	2 33	6 36	5 49	2 28	6 28	5 58	1 59
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HAVE you something of moment planned
Of work, of barter, or sale?
And do you now like a craven stand,
Deterred by the fear you'll fail?

Then may this message of mine ring clear,
And prompt you your wings to test;
The only failure a man should fear,
Is failure to do his best!

the Bitters has been used with success for over fifty years. Its effects on the liver and kidneys are most beneficial, and as it is estimated that 95 per cent. of the preventable diseases originate in the liver, bowels, kidneys or blood, and as each derive their working power from the normal action of the stomach, it shows the absolute necessity of preserving the integrity of that master motor, that it may feed these dependent organs with pure nutriment suitable to a full

and free use of their various functions. Keep the fountain head pure, and the healing streams of health will flow in perennial abundance.

We claim no merit for our preparation other than thousands of enthusiastic patients all over the land, and in foreign countries have testified to over their own signatures. With such a record, and with such an array of living witnesses, as shown in this Almanac, the evidence should be conclusive.

THOUGHTLESSNESS.

They say the world is round, and yet
I often think it square,
So many little hurts we get
From corners here and there;
But one sad truth in life I've found,
While journeying east and west,
The only folks we really wound
Are those we love the best.
We flatter those we scarcely know,
We please the fleeting guest,
And deal full many a thoughtless blow
To those who love us best.

WHEN the dwelling is cramped, the purse limited, the table modest, a woman who has the gift finds a way to make order, fitness and convenience reign in her house. She puts care and art into everything she undertakes. To do well what one has to do is not in her eyes the privilege of the rich, but the right of all. That is her aim, and she knows how to give her home a dignity and an attractiveness that the dwellings of princes, if everything is left to mercenaries, cannot possess.

From JAMES J. DUNDAS, Delta, La., March 24, 1906:

It affords me great pleasure to say that in the 25 years I have used Hostetter's Stomach Bitters in my family, I have received great benefits from its good effect on our general health, and I would not be without it in this swamp country on no account.

FOR convenience and perspicuity, the temperature of baths has been divided into six grades as given in the following table by Forbes: all who attempt to use the bath according to the directions should carefully

learn and preserve the distinctions here made:

1. Cold bath.....	33 deg. to	60 deg. F.
2. Cool bath.....	60 " " 75 " "	
3. Temperate bath.....	75 " " 85 " "	
4. Tepid bath.....	85 " " 92 " "	
5. Warm bath.....	92 " " 98 " "	
6. Hot bath.....	98 " " 112 " "	

The vapor bath ranges from 98 degrees to 120 degrees; the hot air or Turkish bath from 100 degrees to 160 degrees, or even higher, though not usefully so. A bath of any temperature above the natural heat of the body, 98 degrees, is a hot bath.

From THOMAS LAWS, St. Georges, Del., July 17, 1906:

Dear Sirs—I am an old veteran of the late Civil War, have tried a good many tonics, and can readily say that your Hostetter's Stomach Bitters has done me more good than any medicine I have taken. Any person troubled with indigestion and stomach trouble, will be greatly benefitted by using your Bitters. I gladly give this information to any one that is troubled with the above diseases.

WEIGHTS AND MEASURES.—Two tablespoonfuls liquid equal one ounce. One heaping tablespoonful brown or granulated sugar equals one ounce. Two tablespoonfuls powdered sugar equal one ounce. One heaping tablespoonful sifted flour equals one ounce. Three tablespoonfuls grated chocolate equal one ounce. Four tablespoonfuls liquid equal one wine glass. Two wine glasses equal one gill. Twenty-five drops equal one teaspoonful. One quart of wheat flour equals one pound. Ten ordinary eggs equal one pound.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.		
				D.	H.	M.	D.	H.	M.	D.	H.	M.
☉ FULL MOON.....				6	10	12 Eve.	6	9	36 Eve.	6	8	56 Eve.
☾ LAST QUARTER.....				14	10	58 Eve.	14	10	22 Eve.	14	9	42 Eve.
☽ NEW MOON.....				21	3	27 Eve.	21	2	51 Eve.	21	2	11 Eve.
☀ FIRST QUARTER.....				28	0	5 Eve.	28	11	29 Mor.	28	10	49 Mor.
Days	HISTORICAL EVENTS.		Moon's C.	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Mon. Week				slow	rises	sets	rises	sets	sets	rises	sets	sets
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1 Mo	Gen. Wm. J. Worth d., '49	☐	12 34	6 36	5 50	3 32	6 35	5 50	3 26	6 27	5 59	2 56
2 Tu	Texas independent, 1836	☐	12 22	6 35	5 51	4 23	6 33	5 51	4 18	6 26	6 0	3 47
3 We	Alabama admitted, 1819	☐	12 9	6 33	5 52	5 6	6 32	5 52	5 1	6 25	6 0	4 33
4 Th	Van Buren inaug., 1833	☐	11 56	6 32	5 53	5 43	6 30	5 54	5 39	6 23	6 1	5 15
5 Fr	C. Cushing Att.-Gen. 1853	☐	11 43	6 30	5 54	6 15	6 29	5 55	6 12	6 22	6 2	5 53
6 Sa	Gen. Phil. Sheridan b. '31	☐	11 29	6 28	5 56	rises	6 27	5 56	rises	6 21	6 2	rises
(10.) 2d SUNDAY IN LENT.				Matt. 15.			Day's Length, (Pitts.) 11 h. 32 m.					
7 S	A. S. Stringham b., 1789	☐	11 14	6 27	5 57	6 30	6 25	5 57	6 32	6 20	6 3	6 41
8 Mo	Henry W. Beecher d. 1887	☐	11 0	6 25	5 58	7 30	6 24	5 58	7 31	6 19	6 4	7 34
9 Tu	John A. Dowie d., 1906	☐	10 45	6 23	5 59	8 30	6 22	6 0	8 30	6 18	6 4	8 26
10 We	First English R. R., 1850	☐	10 29	6 21	6 0	9 31	6 21	6 1	9 30	6 16	6 5	9 20
11 Th	New York blizzard, 1888	☐	10 13	6 20	6 1	10 33	6 19	6 2	10 31	6 15	6 6	10 16
12 Fr	Air-pump invented, 1686	☐	9 57	6 18	6 3	11 37	6 17	6 3	11 33	6 14	6 6	11 13
13 Sa	Ex-Pres. Harrison d., '06	☐	9 41	6 16	6 4	mor.	6 16	6 4	mor.	6 13	6 7	mor.
(11.) 3d SUNDAY IN LENT.				Luke 11.			Day's Length, (Pitts.) 11 h. 51 m.					
14 S	Corsica sold to Fr., 1733	☐	9 24	6 15	6 5	0 41	6 14	6 5	0 36	6 12	6 8	0 11
15 Mo	Columbus ret. to Sp. 1492	☐	9 7	6 13	6 6	1 45	6 13	6 6	1 40	6 11	6 8	1 10
16 Tu	Joseph Medill died, 1899	☐	8 50	6 11	6 7	2 47	6 11	6 7	2 41	6 9	6 9	2 10
17 We	Jules Ferry died, 1893	☐	8 33	6 9	6 8	3 43	6 9	6 8	3 37	6 8	6 9	3 8
18 Th	Gen. J. R. Howley d. 1905	☐	8 15	6 8	6 10	4 31	6 8	6 9	4 26	6 7	6 10	4 1
19 Fr	Milan Revolt, 1848	☐	7 58	6 6	6 11	5 19	6 6	6 10	5 9	6 6	6 11	4 49
20 Sa	Gen. A. Badeau d., 1895	☐	7 40	6 4	6 12	5 48	6 5	6 11	5 46	6 5	6 11	5 32
(12.) 4th SUNDAY IN LENT.				John 6.			Day's Length, (Pitts.) 12 h. 9 m.					
21 S	Managua Outbreak, 1907	☐	7 22	6 3	6 13	sets	6 3	6 12	sets	6 4	6 12	sets
22 Mo	Goethe died, 1832	☐	7 4	6 1	6 14	7 27	6 1	6 13	7 27	6 2	6 12	7 25
23 Tu	Emp. Paul assass., 1801	☐	5 46	5 59	6 15	8 43	5 59	6 14	8 42	6 1	6 13	8 32
24 We	Longfellow died, 1882	☐	6 28	5 57	6 16	10 0	5 58	6 16	9 57	6 0	6 14	9 41
25 Th	Coxy starts for Wash. '94	☐	6 9	5 56	6 17	11 14	5 56	6 17	11 10	5 58	6 14	10 47
26 Fr	Cecil Rhodes died, 1902	☐	5 51	5 54	6 18	mor.	5 54	6 18	mor.	5 57	6 15	11 50
27 Sa	John Bright died, 1889	☐	5 33	5 52	6 20	0 23	5 52	6 19	0 18	5 56	6 15	mor.
(13.) 5th SUNDAY IN LENT.				John 8.			Day's Length, (Pitts.) 12 h. 29 m.					
28 S	Planet Pallas disc., 1802	☐	5 14	5 50	6 21	1 26	5 51	6 20	1 20	5 54	6 16	0 50
29 Mo	Trial of Elec. Loco. 1851	☐	4 56	5 49	6 22	2 21	5 49	6 21	2 15	5 53	6 17	1 44
30 Tu	XIII. Amend. procl. 1870	☐	4 38	5 47	6 23	3 7	5 48	6 22	3 2	5 52	6 17	2 32
31 We	Galusha A. Grow d. 1907	☐	4 19	5 45	6 24	3 45	5 46	6 23	3 40	5 51	6 18	3 15

THE fashions change, but the mantle of charity is always made generously wide and roomy.

THE young man with a slender salary should choose for his bride a young woman of small waste.



MIKE ROBE.

"Be me soul! iverythin' is blamed on the poor Oirish nowadays!"

"Phat's the matter now, Biddy?"

"Wud ye's belave it, Pat? They do be sayin' that an Oirishman gave the people in the Sout' that yaller fever—a feller be the name of Mike Robe."

THE AGE OF AN EGG.

The age of an egg can always be determined by the size of its air space, which can easily be seen through the shell by exposing the egg to the light in a dark room. In a new laid egg this air space is very small, but as the egg gets older it gradually enlarges. Thus at three weeks old it will occupy one-eighth of the contents of the egg. This process of testing is adopted by most of the large dairies in London, being thus able to insure that none but fresh eggs are supplied to their customers.

The largest flower in the world has been supposed to be that of *rafflesia arnoldi*, which forms the entire plant and grows to a diameter of three feet as a flat, circular parasite on trees in Java and Sumatra; but still larger—single specimens of which weigh as much as 22 pounds—have been reported to exist in Mindanao, one of the Philippines.

From FRED BAILY, Waukesha, Wis., April 17, 1906:

Hostetter's Stomach Bitters is the greatest medicine I ever used; I am 78 years of age, but feel as if I were but 40. I have it on hand all the time.

SLEEPLESSNESS.

A servant-maid, finding that her mistress was troubled with sleeplessness, told her of a practice of the people of her country who were similarly afflicted: It was to take a napkin, dip it in ice-cold water, wring it slightly and lay it across the eyes. The plan was followed and it worked like a charm. The first night the lady slept four hours without awaking—something she had not done for several months. At the end of that time the napkin had become dry. By wetting it again she at once went to sleep, and required considerable force to arouse her in the morning.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.		
				D.	H.	M.	D.	H.	M.	D.	H.	M.
☉	FULL MOON.....			5	3	44 Eve.	5	3	8 Eve.	5	2	28 Eve.
☾	LAST QUARTER.....			13	9	46 Mor.	13	9	10 Mor.	13	8	30 Mor.
☾	NEW MOON.....			20	0	7 Mor.	19	11	31 Eve.	19	10	51 Eve.
☾	FIRST QUARTER.....			27	3	52 Mor.	27	3	16 Mor.	27	2	36 Mor.

Days		HISTORICAL EVENTS.	Moon's C.	Sun slow	BOSTON.			PITTSBURGH.			NEW ORLEANS.		
Mon.	Week				Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Th	Dismarck born, 1815	☾	4 1	5 43	6 25	4 18	5 44	6 24	4 14	5 50	6 18	3 54
2	Fr	Bish. J. C. Granberry d. '07	☾	3 43	5 42	6 26	4 46	5 43	6 25	4 44	5 49	6 19	4 58
3	Sa	Earthquake at Scio, 1881	☾	3 25	5 40	6 28	5 10	5 41	6 26	5 9	5 46	6 20	4 23

(14.) PALM SUNDAY.

Matt. 27.

Day's Length, (Pitts.) 12 h. 47 m.

4	S	Bish. J. Fitzgerald d. 1907	☾	3 7	5 38	6 29	5 32	5 38	6 27	5 32	5 46	6 20	5 27
5	Mo	Nantucket plund'd, 1779	☾	2 49	5 36	6 30	rises	5 38	6 28	rises	5 45	6 21	rises
6	Tu	Mormon Temple ded. '93	☾	2 32	5 35	6 31	7 24	5 36	6 29	7 23	5 44	6 21	7 16
7	We	Marg. Mather died, 1898	☾	2 15	5 33	6 32	8 26	5 35	6 30	8 24	5 43	6 22	8 11
8	Th	Louisiana admitted 1842	☾	1 57	5 31	6 33	9 30	5 33	6 31	9 27	5 41	6 23	9 8
9	Fr	St. Louis R. R. riots, 1886	☾	1 41	5 30	6 34	10 35	5 32	6 32	10 31	5 41	6 23	10 7
10	Sa	Great Fire in Pitts. 1845	☾	1 24	5 28	6 35	11 40	5 30	6 33	11 35	5 39	6 24	11 6

(15.) EASTER SUNDAY.

John 20.

Day's Length, (Pitts.) 13 h. 6 m.

11	S	Chas. Reed died, 1884	☾	1 8	5 26	6 36	mor.	5 28	6 34	mor.	5 38	6 24	mor.
12	Mo	Henry Clay born, 1777	☾	0 52	5 25	6 38	0 41	5 27	6 35	0 35	5 37	6 25	0 4
13	Tu	Handel, Comp., d., 1759	☾	0 36	5 23	6 39	1 37	5 25	6 36	1 31	5 36	6 26	1 0
14	We	Lincoln shot, 1865	☾	0 21	5 21	6 40	2 27	5 24	6 37	2 22	5 35	6 26	1 53
15	Th	I. Nat. Peace Con. N. Y. '07	☾	0 6	5 20	6 41	3 9	5 22	6 38	3 5	5 34	6 27	2 42
16	Fr	Earthq. in Mexico, 1907	☾	fast	5 18	6 42	3 45	5 21	6 39	3 42	5 33	6 27	3 25
17	Sa	Ben Franklin died, 1790	☾	0 23	5 17	6 43	4 17	5 19	6 40	4 16	5 32	6 28	4 5

(16.) LOW SUNDAY.

John 20.

Day's Length, (Pitts.) 13 h. 23 m.

18	S	Earthq. San Francisco '06	☾	0 36	5 15	6 44	4 46	5 18	6 41	4 46	5 30	6 29	4 43
19	Mo	Baconfield died, 1881	☾	0 51	5 14	6 45	sets	5 16	6 42	sets	5 29	6 29	sets
20	Tu	Chas. Darwin died, 1882	☾	1 4	5 12	6 46	7 32	5 15	6 43	7 30	5 28	6 30	7 17
21	We	Joan of Ark beatified, '94	☾	1 16	5 10	6 48	8 50	5 14	6 44	8 47	5 27	6 31	8 27
22	Th	Prohib. def'd in Mass. '89	☾	1 28	5 9	6 49	10 4	5 12	6 45	9 59	5 26	6 31	9 33
23	Fr	Shakespeare died, 1616	☾	1 40	5 7	6 50	11 12	5 11	6 46	11 7	5 25	6 32	10 36
24	Sa	Count von Moltke d. '91	☾	1 52	5 6	6 51	mor.	5 9	6 47	mor.	5 24	6 32	11 35

(17.) 2d SUNDAY AFTER EASTER.

John 10.

Day's Length, (Pitts.) 13 h. 40 m.

25	S	Printing invented, 1441	☾	2 2	5 4	6 52	0 12	5 8	6 48	0 6	5 23	6 33	mor.
26	Mo	Gen. Johnston surr. 1865	☾	2 13	5 3	6 53	1 3	5 7	6 49	0 57	5 22	6 34	0 27
27	Tu	R. W. Emerson d., 1882	☾	2 23	5 1	6 54	1 46	5 5	6 50	1 41	5 21	6 34	1 13
28	We	Canada surr. to Eng. 1760	☾	2 32	5 0	6 55	2 21	5 4	6 51	2 17	5 20	6 35	1 54
29	Th	Wash. Centennial, 1889	☾	2 41	4 59	6 56	2 50	5 2	6 52	2 47	5 20	6 35	2 29
30	Fr	Ohio admitted, 1802	☾	2 50	4 57	6 58	3 15	5 1	6 53	3 13	5 19	6 36	3 1

THE celebrated French Professor Burdaine enjoyed excellent health to a ripe old age. When asked by a physician to what he attributed his freedom from disease he re-

plied: "I eat only once a day." "For heaven's sake, don't tell any one about it," replied the astonished physician, "or our occupation will be gone."

LET US SLACKEN OUR PACE.

OUR people will remember the late ex-president Harrison most by his literary labors after he retired from official and public life. His numerous lectures on political, social and educational topics enriched the literature of that day. In one of these discourses he makes this significant remark—"Life is strenuous—the boy is started to his school upon a run, and the pace is not often slackened until the panting man falls into his grave."

This is becoming more and more true as the years go by, especially in our crowded cities, where men, and even children of a tender age, are engaged in the competitive industries, bereft of fresh air and sunshine, and subject to the enervating influences generated by such conditions. No respite or repose is afforded to brace up their jaded spirits and exhausted physique.

If we, as a Nation, are to retain our well-earned supremacy, we must pay more attention to the cultivation of a simpler life, giving to the young that period for education and growth they are entitled to, and guaranteeing to the mature, now in the midst of the fray,

time for recreation and contemplation such as an immortal spirit craves and deserves.

To allay this unnatural friction, cool these unrestrained nerves, and bring the various functions of our bodies into harmony and unison, to regulate the organs of nutrition and assimilation, and reduce the haste and feverish excitement that meet us at every turn, there is no preparation so satisfactory in its effects as **Hostetter's Stomach Bitters**. It is now relieving the dyspeptics of the third generation, and all through its more than fifty years, testimonials to its value have been pouring in without solicitation. Compounded of the choicest roots, barks, herbs and seeds described in the pharmacopœia, with an infusion of pure spirits just sufficient to combine and hold in solution its varied constituents, its action on the stomach, liver and bowels is of the most soothing and wholesome nature. We but ask a careful perusal of the certificates daily received, samples of which are published yearly in this Almanac, and you will be convinced that we make no claims which are not verified.

FROM toil he wins his spirits light,
From busy day the peaceful night;
Rich, from the very want of wealth,
In heaven's best treasures, peace and health.

THOMAS GRAY.

FROM COL. GEORGE W. JACKSON, O. N. G.,
Somerset, O., June 23, 1906:

Dear Sirs—Have been dead on my feet for the last five years, from ailments which I thought chronic. To-day I feel twenty years younger—perfect health. Reason, I used but six bottles of Hostetter's Stomach Bitters. I cannot too highly recommend it.

OF ALL the peoples of Europe, the French have the fewest children and the Irish the most. The average French family numbers 3.3 persons and the average Irish family 5.2. In England the average is 4.8.

It is stated by good authority that six eggs are equal in food value to one pound of beef-steak and that they are much easier to digest. The egg is especially a protein food. The white contains 86 per cent water, while the yolk but 49 per cent water; the white, 12 per cent protein, 2 per cent fat; the yolk 15 per cent protein and 32 per cent fat.



MOON'S PHASES.				BOSTON.				PITTSBURGH.				NEW ORLEANS.			
				D.	H.	M.		D.	H.	M.		D.	H.	M.	
☾	FULL MOON.....			5	7	24	Mor.	5	6	48	Mor.	5	6	8	Mor.
☾	LAST QUARTER.....			12	5	1	Eve.	12	4	25	Eve.	12	3	45	Eve.
☾	NEW MOON.....			19	8	58	Mor.	19	8	22	Mor.	19	7	42	Mor.
☾	FIRST QUARTER.....			26	8	44	Eve.	26	8	8	Eve.	26	7	28	Eve.
Days	HISTORICAL EVENTS.			Moon's C.	Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Sun	Moon
Mon.	Week				fast	rises	sets	sets	rises	sets	sets	rises	sets	sets	sets
					M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Sa	Col. Expos. opened, 1893			Ω	2 58	4 56	6 59	3 38	5 0	6 54	3 37	5 18	6 37	3 30
(18.) 3d SUNDAY AFTER EASTER.				John 16.				Day's Length, (Pitts.) 13 h. 56 m.							
2	S	Eng. took Jamaica, 1655			♈	3 5	4 54	7 0	3 59	4 59	6 55	4 0	5 17	6 37	3 58
3	Mo	Wash. City incorp., 1802			♈	3 12	4 53	7 1	4 21	4 57	6 56	4 23	5 16	6 38	4 28
4	Tu	Anarch. Riot, Chicago '86			♈	3 18	4 52	7 2	4 43	4 56	6 57	4 46	5 15	6 39	4 57
5	We	Harvard Coll. found, 1648			♈	3 24	4 50	7 3	rises	4 55	6 58	rises	5 14	6 39	rises
6	Th	Dr. J. Watson died, 1907			♈	3 29	4 49	7 4	8 26	4 54	6 59	8 22	5 13	6 40	7 59
7	Fr	Salmon P. Chase d. 1873			♈	3 34	4 48	7 5	9 32	4 53	7 0	9 27	5 12	6 41	8 59
8	Sa	Battle of Palo Alto, 1846			♈	3 38	4 47	7 6	10 36	4 51	7 1	10 30	5 12	6 41	9 59
(19.) 4th SUNDAY AFTER EASTER.				John 16.				Day's Length, (Pitts.) 14 h. 12 m.							
9	S	Largest Loco. built, 1907			♈	3 41	4 46	7 8	11 35	4 50	7 2	11 29	5 11	6 42	10 57
10	Mo	Heir to Spain born, 1907			♈	3 44	4 44	7 9	mor.	4 49	7 3	mor.	5 10	6 43	11 52
11	Tu	Earthquake at Lima, 1746			♈	3 46	4 43	7 10	0 27	4 48	7 4	0 22	5 9	6 43	mor.
12	We	Maj.-Gen. MacIver d. '07			♈	3 48	4 42	7 11	1 10	4 47	7 5	1 6	5 9	6 44	0 40
13	Th	Baltimore occupied, '61			♈	3 49	4 41	7 12	1 47	4 46	7 6	1 44	5 8	6 45	1 24
14	Fr	Minnesota admitted, '58			♈	3 50	4 40	7 13	2 19	4 45	7 7	2 17	5 7	6 45	2 4
15	Sa	Maximilian surr., 1867			♈	3 50	4 39	7 14	2 47	4 44	7 8	2 46	5 7	6 46	2 40
(20.) ROGATION SUNDAY.				John 16.				Day's Length, (Pitts.) 14 h. 26 m.							
16	S	Mafeking relieved, 1900			♈	3 49	4 38	7 15	3 13	4 43	7 9	3 14	5 6	6 46	3 15
17	Mo	Dr. Jenner born, 1749			♈	3 48	4 37	7 16	3 40	4 42	7 10	3 43	5 5	6 47	3 51
18	Tu	Lincoln first nomin. 1860			♈	3 46	4 36	7 17	4 11	4 42	7 11	4 15	5 5	6 48	4 31
19	We	Revolution begun, 1775			♈	3 44	4 35	7 18	sets	4 41	7 12	sets	5 4	6 48	sets
20	Th	Adm. Reed retired, 1895			♈	3 41	4 34	7 19	8 52	4 40	7 13	8 47	5 3	6 49	8 18
21	Fr	Battle of Essling, 1809			♈	3 37	4 33	7 20	9 57	4 39	7 14	9 51	5 3	6 49	9 20
22	Sa	Victor Hugo died, 1885			♈	3 33	4 32	7 21	10 54	4 38	7 15	10 48	5 3	6 50	10 17
(21.) SUNDAY AFTER ASCENSION.				John 15-16.				Day's Length, (Pitts.) 14 h. 37 m.							
23	S	Leo. von Ranke d., 1886			♈	3 29	4 32	7 22	11 41	4 38	7 15	11 36	5 2	6 51	11 6
24	Mo	Queen Victoria b., 1819			♈	3 24	4 31	7 23	mor.	4 37	7 16	mor.	5 2	6 51	11 50
25	Tu	Theo. Tilton died, 1907			♈	3 18	4 30	7 24	0 20	4 36	7 17	0 16	5 2	6 52	mor.
26	We	Mrs. McKinley d., 1907			♈	3 12	4 29	7 25	0 52	4 35	7 18	0 48	5 2	6 53	0 28
27	Th	Vanderbilt born, 1794			♈	3 6	4 28	7 26	1 13	4 35	7 19	1 16	5 1	6 53	1 1
28	Fr	Noah Webster died, 1843			♈	2 59	4 28	7 26	1 42	4 34	7 19	1 41	5 1	6 54	1 32
29	Sa	Voltaire died, 1778			♈	2 52	4 27	7 27	2 4	4 34	7 20	2 4	5 0	6 54	2 1
(22.) PENTECOST—WHIT SUNDAY.				John 14.				Day's Length, (Pitts.) 14 h. 48 m.							
30	S	Battle of Fair Oaks, 1862			♈	2 44	4 27	7 28	2 25	4 33	7 21	2 26	5 0	6 55	2 29
31	Mo	Boers surrendered, 1902			♈	2 36	4 26	7 29	2 46	4 33	7 22	2 48	5 0	6 55	2 57

WILL YOU JOIN THE PROCESSION?

WHILE our people are strenuous and intent upon the main chance, it is a cheerful sign to note the great change in their habits in regard to summer excursions and vacations. In the olden time this luxury was reserved for the then comparatively few families who had inherited fortunes, or achieved signal success in business, but now it has grown to be a national custom, and as the fair May days return, the artist in his studio and the mechanic in his workshop look forward with pleasant anticipations to the outing he is planning and saving for. It certainly is a great auxiliary in maintaining and renewing health, and is worth more than it costs.

But there are perils attending these migrations, by land or sea, and he is wise who provides an antidote against their onset. Difference in climate, malaria in the lowlands, water teeming with bacteria, unaccustomed food, seasickness, and hosts of other open and

latent snares to rob us of the benefits of such a cherished project.

They who provide a supply of **Hostetter's Stomach Bitters** will find they have secured immunity from these oft-recurring attacks. It will prevent those disturbances in the stomach and bowels so often the accompaniment of such a change of life, and will enable those who use it to enjoy freedom and health in full measure. After you have decided on such a trip, do not fail to have this well-merited remedy as part of your baggage, to meet any emergency which may overtake you.

In fact, for the dyspeptic, at home or abroad, it has ever given relief, and the inhabitants of newly settled and malaria-infected communities have long since tested its healing power. Its venerable history of over fifty years approves its claim, when so many so-called remedies have arisen, flourished for a brief season, and then, like Jonah's gourd, faded from view.

WHAT?

We shall be so kind in the afterwhile,
But what have we done to-day?
We shall bring to each lonely life a smile,
But what have we brought to-day?
We shall give to truth a grander birth
And to steadfast faith a deeper worth,
We shall feed the hungering souls of earth,
But what have we done to-day?

NIXON WATERMAN.

From W. W. BEANY, Columbus, O., June 28, 1906:

I wish to add my recommendation with many others. I have sold your famous Hostetter's Stomach Bitters for 40 years, and always considered it to be the best tonic and stomach medicine on the market.

A SOUND mind in a sound body is a short but full description of a happy state in this world. He that hath these two, hath little more to wish for here, and he that wants either of them, will be but little better for anything else.—LOCKE.

From J. HILTPOLD, Notary Public, Hockley, Texas, January 20, 1906:

Dear Sirs—I have used your celebrated Hostetter's Stomach Bitters as directed, over thirty years, and will not be without it. For merit it beats anything, for indigestion or stomach troubles.

AMONG all the fine arts, one of the finest is that of painting the cheeks with health.

—RUSKIN.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.		
				D.	H.	M.	D.	H.	M.	D.	H.	M.
☾	FULL MOON		3	8	41 Eve.	3	8	5 Eve.	3	7	25 Eve.
☾	LAST QUARTER		10	9	58 Eve.	10	9	22 Eve.	10	8	42 Eve.
☾	NEW MOON		17	6	44 Eve.	17	6	8 Eve.	17	5	28 Eve.
☾	FIRST QUARTER		25	1	59 Eve.	25	1	23 Eve.	25	0	43 Eve.
Days	HISTORICAL EVENTS.			Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Mon.	Week		Moon's C.	fast	rises	sets	rises	sets	sets	rises	sets	sets
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Tu	John Kelly died, 1886	☾	2 27	4 26	7 30	3 10	4 32	7 23	3 14	4 59	6 56
2	We	Treaty of Paris, 1814	☾	2 18	4 25	7 30	3 37	4 32	7 23	3 42	4 59	6 56
3	Th	Blaine resigned, 1892	☾	2 9	4 25	7 31	rises	4 31	7 24	rises	4 59	6 57
4	Fr	Fr. and Sardinian vict. '59	☾	1 59	4 24	7 32	8 27	4 31	7 25	8 22	4 59	6 57
5	Sa	Oil City disaster, 1892	☾	1 49	4 24	7 32	9 28	4 31	7 26	9 22	4 59	6 58
(23.) TRINITY SUNDAY.				John 3.			Day's Length, (Pitts.) 14 h. 55 m.					
6	S	Memphis taken, 1862	☾	1 38	4 24	7 33	10 23	4 31	7 26	10 17	4 58	6 58
7	Mo	Reform Bill passed, 1862	☾	1 28	4 23	7 34	11 10	4 30	7 27	11 5	4 58	6 59
8	Tu	Garfield nominated, 1880	☾	1 16	4 23	7 34	11 49	4 30	7 27	11 45	4 58	6 59
9	We	Chas. Dickens died, 1870	☾	1 5	4 23	7 35	mor.	4 30	7 28	mor.	4 58	7 0
10	Th	Battle of Big Bethel, 1861	☾	0 53	4 23	7 36	0 22	4 30	7 29	0 20	4 58	7 0
11	Fr	Sen. J. Morgan d., 1907	☾	0 41	4 22	7 36	0 51	4 30	7 29	0 50	4 58	7 1
12	Sa	Massacre at Paris, 1418	☾	0 29	4 22	7 37	1 18	4 29	7 30	1 18	4 58	7 1
(24.) 1st SUNDAY AFTER TRINITY.				Luke 16.			Day's Length, (Pitts.) 15 h. 1 m.					
13	S	War Rev. Bill signed, '98	☾	0 17	4 22	7 37	1 44	4 29	7 30	1 46	4 58	7 1
14	Mo	Battle of Friedland, 1807	☾	0 4	4 22	7 38	2 11	4 29	7 31	2 14	4 58	7 2
15	Tu	Father Mollinger d. 1892	☾	slow	4 22	7 38	2 41	4 29	7 31	2 46	4 58	7 2
16	We	Thos. A. Bayne died, 1894	☾	0 21	4 22	7 38	3 15	4 29	7 31	3 21	4 58	7 2
17	Th	Battle Bunker Hill, 1775	☾	0 34	4 22	7 39	sets	4 29	7 32	sets	4 58	7 3
18	Fr	Cyclone in Iowa, 1882	☾	0 47	4 22	7 39	8 41	4 29	7 32	8 35	4 59	7 3
19	Sa	Steamer Ala. sunk, 1864	☾	1 0	4 23	7 39	9 33	4 29	7 32	9 27	4 59	7 3
(25.) 2d SUNDAY AFTER TRINITY.				Luke 14.			Day's Length, (Pitts.) 15 h. 3 m.					
20	S	Prince Napol. killed, '79	☾	1 13	4 23	7 40	10 16	4 29	7 32	10 11	4 59	7 3
21	Mo	Clevel'd St. Car riots, '99	☾	1 26	4 23	7 40	10 51	4 29	7 32	10 47	4 59	7 4
22	Tu	French Princes exp. 1886	☾	1 39	4 23	7 40	11 20	4 30	7 33	11 17	4 59	7 4
23	We	Bat. of Springfield, 1780	☾	1 52	4 23	7 40	11 45	4 30	7 33	11 43	5 0	7 4
24	Th	Gen. Hancock nom. 1880	☾	2 5	4 24	7 40	mor.	4 30	7 33	mor.	5 0	7 4
25	Fr	Bat. of Lundy's Lane, '13	☾	2 18	4 24	7 40	0 8	4 30	7 33	0 8	5 0	7 4
26	Sa	Corn Laws abolished '46	☾	2 31	4 24	7 40	0 29	4 31	7 33	0 30	5 0	7 4
(26.) 3d SUNDAY AFTER TRINITY.				Luke 15.			Day's Length, (Pitts.) 15 h. 3 m.					
27	S	Hiram Powers died, 1873	☾	2 43	4 25	7 40	0 50	4 31	7 34	0 52	5 1	7 4
28	Mo	Battle of Monmouth, 1778	☾	2 56	4 25	7 40	1 12	4 32	7 34	1 15	5 1	7 5
29	Tu	Henry Clay died, 1850	☾	3 8	4 25	7 40	1 36	4 32	7 34	1 40	5 1	7 5
30	We	Henry Grinnell d., 1874	☾	3 20	4 26	7 40	2 5	4 33	7 34	2 11	5 2	7 5

THE human race is divided into two classes—those who go ahead and do something, and those who sit and inquire, "Why wasn't it done the other way?"—O. W. HOLMES.

CHEERFULNESS makes love of life, and love of life is half of health. On the contrary, sadness and discouragement hasten old age.



WOULD GET EVEN.

MR. LOANSTEIN.—“Repecca! Repecca! The doctor says Iky suffers from a compound fracture of de arm. Schtay in de schtore, un de next costumer vat comes in charge him compound interest. Ve must get even on dat fracture somehow.”

THERE is a divine promise in every seed. If planted under right conditions and properly cared for, it will develop and bring forth other seed a hundredfold or a thousandfold. A rich reward is promised for every right act. An act is like a seed. If we sow a crop of right conduct, we shall reap a harvest of health,—physical, mental and moral. The man who plants corn, reaps corn. The man who plants health, reaps health. The man who plants disease, reaps disease.

THE birds that reach the ripe age of 100 years are the crow, the eagle, the swan and the raven. Those that reach the ages between 50 and 60 are the goose, the heron, the parrot and the pelican. Those living to the ages of 12, 15, 20 and 23 are the black-bird, the blackcap, the goldfinch, the lark, the nightingale, the partridge, the peacock, the pheasant, the pigeon and the robin. The canary and the crane live to the age of 25; the thrush 10, and the gentle little wren lives to be only 3.

A PRINCE asked Dante why it was that most people found quite a stupid person far more agreeable than a man of the highest learning and accomplishments. Dante replied that he found nothing extraordinary in the fact, because friendship depended on a resemblance in character.

WE stand on the place To-day has given,
To make or to mar our lot;
We may fill it up to the brim with heaven,
Or blur it with stain and blot.
Bravely may toil for the good and true,
Earnestly strive and pray;
But the good or the ill we all may do,
Must be done in the span of to-day.

MARGARET E. SANGSTER.

THE happiest heart that ever beat
Was in some quiet breast,
That found the common daylight sweet,
And left to Heaven the rest.

7th
Month

♊

31
Days

JULY

MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.		
				D.	H.	M.	D.	H.	M.	D.	H.	M.
☉	FULL MOON.....			3	7	33 Mor.	3	6	57 Mor.	3	6	17 Mor.
☾	LAST QUARTER.....			10	2	14 Mor.	10	1	38 Mor.	10	0	58 Mor.
☾	NEW MOON.....			17	6	0 Mor.	17	5	24 Mor.	17	4	44 Mor.
☾	FIRST QUARTER.....			25	7	1 Mor.	25	6	25 Mor.	25	5	45 Mor.

Days		HISTORICAL EVENTS.	Moon's C.	Sun slow	Sun			Moon			Sun			Moon			Sun			Moon		
Mon.	Week				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Th	Sec. John Hay died, 1905	♊	3 31	4 26	7 40	2 40	4 33	7 34	2 47	5 2	7 5	3 16									
2	Fr	J. A. Garfield shot, 1881	♊	3 43	4 27	7 40	3 22	4 34	7 33	3 29	5 2	7 5	4 3									
3	Sa	Idaho admitted, 1890	♊	3 54	4 27	7 40	rises	4 34	7 33	rises	5 3	7 5	rises									

(27.) 4th SUNDAY AFTER TRINITY. Luke 6. Day's Length, (Pitts.) 14 h. 58 m.

4	S	Vicksburg surrend. 1863	♊	4 5	4 28	7 40	9 6	4 35	7 33	9 1	5 3	7 5	8 32									
5	Mo	Battle of Chippewa, 1814	♊	4 15	4 29	7 39	9 49	4 36	7 33	9 45	5 4	7 5	9 22									
6	Tu	Paul H. Hayne d., 1886	♊	4 26	4 29	7 39	10 25	4 36	7 33	10 22	5 4	7 5	10 5									
7	We	Geo. W. Julian died, 1899	♊	4 36	4 29	7 39	10 55	4 37	7 32	10 54	5 5	7 4	10 43									
8	Th	Port Hudson surr., 1863	♊	4 45	4 30	7 38	11 22	4 37	7 32	11 22	5 5	7 4	11 19									
9	Fr	Crimean War ends, 1855	♊	4 54	4 31	7 38	11 49	4 38	7 32	11 50	5 5	7 4	11 55									
10	Sa	Wyoming admitted, 1890	♊	5 3	4 32	7 38	mor.	4 39	7 32	mor.	5 6	7 4	mor.									

(28.) 5th SUNDAY AFTER TRINITY. Luke 5. Day's Length, (Pitts.) 14 h. 52 m.

11	S	John Q. Adams b., 1767	♊	5 12	4 33	7 37	0 15	4 39	7 31	0 18	5 6	7 4	0 29									
12	Mo	Orange Riots in N.Y. '71	♊	5 20	4 33	7 37	0 43	4 40	7 31	0 47	5 7	7 4	1 5									
13	Tu	Revolution in Engl., 1688	♊	5 27	4 34	7 36	1 15	4 40	7 30	1 21	5 7	7 3	1 44									
14	We	Alfred Krupp died, 1887	♊	5 34	4 35	7 36	1 52	4 41	7 30	1 59	5 8	7 3	2 29									
15	Th	Thos. Cooper died, 1892	♊	5 41	4 36	7 35	2 36	4 42	7 29	2 43	5 9	7 2	3 17									
16	Fr	Stony Point taken, 1779	♊	5 47	4 37	7 34	3 29	4 43	7 29	3 37	5 9	7 2	4 12									
17	Sa	Luther ent. convent 1505	♊	5 53	4 38	7 34	sets	4 43	7 28	sets	5 10	7 2	sets									

(29.) 6th SUNDAY AFTER TRINITY. Matt. 5. Day's Length, (Pitts.) 14 h. 44 m.

18	S	Dean Stanley died, 1881	♊	5 58	4 38	7 33	8 49	4 44	7 28	8 45	5 10	7 1	8 21									
19	Mo	Great Teleg. Strike, 1883	♊	6 2	4 39	7 32	9 21	4 45	7 27	9 18	5 11	7 1	8 59									
20	Tu	Protestant Massacre 1620	♊	6 6	4 40	7 32	9 47	4 46	7 26	9 45	5 11	7 0	9 31									
21	We	Battle of Bull Run, 1861	♊	6 10	4 41	7 31	10 10	4 47	7 25	10 9	5 12	7 0	10 1									
22	Th	R. R. Riots at Pitts, 1877	♊	6 13	4 42	7 30	10 32	4 47	7 25	10 32	5 12	6 59	10 30									
23	Fr	Printing invented, 1440	♊	6 15	4 43	7 29	10 53	4 48	7 24	10 54	5 13	6 59	10 59									
24	Sa	Gibraltar taken, 1704	♊	6 17	4 44	7 28	11 15	4 49	7 23	11 18	5 13	6 58	11 28									

(30.) 7th SUNDAY AFTER TRINITY. Mark 8. Day's Length, (Pitts.) 14 h. 32 m.

25	S	Farragut app. Adm. 1866	♊	6 18	4 45	7 27	11 38	4 50	7 22	11 42	5 14	6 58	11 58									
26	Mo	Earthq. at Naples, 1805	♊	6 18	4 46	7 26	mor.	4 51	7 21	mor.	5 15	6 57	mor.									
27	Tu	Fort George taken, 1813	♊	6 18	4 47	7 25	0 4	4 52	7 21	0 9	5 15	6 57	0 30									
28	We	Robespierre exec., 1794	♊	6 17	4 48	7 24	0 35	4 53	7 20	0 41	5 16	6 56	1 9									
29	Th	J. Carey killed, 1883	♊	6 16	4 49	7 23	1 14	4 54	7 19	1 21	5 16	6 55	1 53									
30	Fr	1st Assembly in Am. 1619	♊	6 14	4 50	7 22	2 2	4 55	7 18	2 10	5 17	6 55	2 44									
31	Sa	Abbe Liszt died, 1886	♊	6 11	4 51	7 21	3 0	4 56	7 17	3 8	5 17	6 54	3 42									

MANY a rich man, in bringing up his son, seems ambitious of making what Aaron made—a golden calf.

SWEET are the uses of adversity. The man who has lost a leg never has corns on both feet.

GOOD DIGESTION MEANS HEALTH.

REV. SYDNEY SMITH, the famous English wit of the last century, herein describes the interdependence of body and mind in the human being. The picture he paints is true to life, and while we may smile at his optimistic vein of humor, we cannot but heed the sober truth which he inculcates:—

“My friend sups late, he eats some strong soup, then a lobster, then some tart, and he dilutes these excellent varieties with wine. The next day I call upon him. He is going to sell his house in London and retire into the country. He is alarmed for his eldest daughter's health. His expenses are heavily increasing, and nothing but a timely retreat can save him from ruin. All this is lobster, and when over-excited nature has had time to manage this tastaceous incumbrance, the daughter recovers, the finances are in good order, and every rural idea excluded from his mind. In the same manner old friendships are destroyed by toasted cheese, and hard salted meat has led to suicide.”

If this state were only transitory it would be cause for alarm, but when the system of “cramming” is practiced

from the moment the new life gives its first signal of discomfort, continued through a pampered youth, it has become a deep-seated habit before arriving at maturity, and difficult to dislodge.

The only resort is to endeavor to mitigate the suffering caused by indulging not too deeply and too frequently in the pleasures of a strenuous appetite. After numerous experiments by a celebrated physician in his day, with the whole botanical world from which to choose, a remedy was discovered which has been prized by suffering humanity as **Hostetter's Stomach Bitters**. In every section of this country, as well as in Mexico, Cuba, South America, Australia and other civilized communities, it has won its way into the regard of all those who need a reliable and safe remedy in many of the emergencies of life. For dyspepsia, constipation, fever and ague, rheumatism and diarrhoea, it is a proved antidote, and is regarded in every zone as a favorite tonic in building up the invalid who has been stricken from any cause. We but ask you to read the testimonials given year by year in this Almanac, which we think are conclusively convincing.

From JOHN GERBIG, Hockley, Texas, January 20, 1906:

Dear Sirs—I find your Hostetter's Stomach Bitters better than any other remedies used as a tonic in my family.

THE HUMAN VOICE.—One's surprise at the fact that no two persons' voices are perfectly alike ceases when one is informed by an authority on the subject that though there are only nine perfect tones in the human voice, there is the astounding number of 17,592,186,041,415 different sounds. Of these four-

teen direct muscles produce 16,383, and thirty indirect muscles produce 173,741,823, while all in co-operation produce the total given above.

WHAT OUR COINS WEIGH.—One million dollars in gold weighs 3,685 5-7 pounds avoirdupois; 1,000,000 trade dollars weigh 60,000; \$1,000,000 of 412½ grains weighs 58,928 4-7; \$1,000,000 in fractional coins weighs 55,114 2-7; \$1,000,000 in five cent nickels weighs 220,457 1-7; \$1,000,000 in three cent nickels weighs 142,857 1-7; \$1,000,000 in one cent pieces weighs 685,714 2-7.

8th
Month31
Days

AUGUST

MOON'S PHASES.

BOSTON.

PITTSBURGH.

NEW ORLEANS.

	FULL MOON.....	D.	H.	M.		D.	H.	M.		D.	H.	M.
☾	LAST QUARTER.....	1	4	30 Eve.		1	3	54 Eve.		1	3	14 Eve.
☾	NEW MOON.....	8	7	26 Mor.		8	6	50 Mor.		8	6	10 Mor.
☾	FIRST QUARTER.....	15	7	11 Eve.		15	6	35 Eve.		15	5	55 Eve.
☾	FULL MOON.....	23	11	11 Eve.		23	10	35 Eve.		23	9	55 Eve.
		31	0	24 Mor.		30	11	48 Eve.		30	11	8 Eve.

Days		MOON'S C.	Sun	Sun	Sun	Sun	Sun	Sun	Sun	Sun	Sun	Sun
Mon.	Week	HISTORICAL EVENTS.	slow	rises	sets	rises	rises	sets	rises	rises	sets	rises
			M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.

(31.) 8th SUNDAY AFTER TRINITY. Matt. 7. Day's Length, (Pitts.) 14 h. 18 m.

1	S	Japan declared war, 1894	☾	6 8	4 52	7 20	rises	4 57	7 15	rises	5 18	6 53	rises
2	Mo	Fire at Portland, 1873	☾	6 4	4 53	7 19	8 22	4 58	7 14	8 19	5 19	6 53	7 59
3	Tu	Atlantic Cable land., '58	☾	6 0	4 54	7 18	8 55	4 59	7 13	8 53	5 20	6 52	8 40
4	We	Battle of Mackinac, 1814	☾	5 55	4 55	7 16	9 24	5 0	7 12	9 24	5 20	6 51	9 18
5	Th	Gen. Phil. Sheridan d. '88	☾	5 49	4 56	7 15	9 51	5 1	7 11	9 52	5 21	6 50	9 54
6	Fr	Battle of Woerth, 1870	☾	5 43	4 57	7 14	10 18	5 1	7 10	10 21	5 21	6 50	10 30
7	Sa	Thos. Ewing born, 1829	☾	5 36	4 58	7 13	10 46	5 2	7 9	10 50	5 22	6 49	11 6

(32.) 9th SUNDAY AFTER TRINITY. Luke 16. Day's Length, (Pitts.) 14 h. 5 m.

8	S	W. India Hurricane 1899	☾	5 29	4 59	7 11	11 16	5 3	7 8	11 21	5 22	6 48	11 44
9	Mo	William Bigler died 1880	☾	5 21	5 0	7 10	11 51	5 4	7 7	11 57	5 23	6 47	mor.
10	Tu	Baron Russell died, 1900	☾	5 13	5 1	7 9	mor.	5 5	7 6	mor.	5 24	6 46	0 26
11	We	Thad. Stevens died, 18-3	☾	5 4	5 2	7 7	0 33	5 6	7 4	0 40	5 24	6 45	1 13
12	Th	Peace Protocol sig'd, '98	☾	4 54	5 3	7 6	1 22	5 7	7 3	1 30	5 25	6 44	2 5
13	Fr	Manila captured, 1898	☾	4 44	5 4	7 4	2 17	5 8	7 2	2 25	5 26	6 43	2 59
14	Sa	Oregon a Territory, 1848	☾	4 34	5 5	7 3	3 19	5 9	7 1	3 26	5 26	6 42	3 58

(33.) 10th SUNDAY AFTER TRINITY. Luke 19. Day's Length, (Pitts.) 13 h. 49 m.

15	S	Gen. J. Sherwood b. 1835	☾	4 22	5 6	7 2	sets	5 10	6 59	sets	5 27	6 41	sets
16	Mo	Battle of Camden, 1780	☾	4 11	5 7	7 0	7 49	5 11	6 58	7 47	5 27	6 40	7 31
17	Tu	Frederick the Gr. d., 1786	☾	3 59	5 8	6 59	8 14	5 12	6 56	8 13	5 28	6 39	8 3
18	We	Ole Bull died, 1880	☾	3 46	5 10	6 57	8 35	5 13	6 55	8 35	5 29	6 38	8 31
19	Th	Garibaldi left Sicily 1860	☾	3 32	5 11	6 56	8 56	5 14	6 53	8 57	5 29	6 37	8 59
20	Fr	Steam. Atlantic sunk, '52	☾	3 19	5 12	6 54	9 17	5 15	6 52	9 19	5 30	6 36	9 27
21	Sa	Fr. def'd Spaniards 1809	☾	3 5	5 13	6 53	9 39	5 16	6 50	9 42	5 30	6 35	9 56

(34.) 11th SUNDAY AFTER TRINITY. Luke 18. Day's Length, (Pitts.) 13 h. 32 m.

22	S	N. Mexico annexed, 1846	☾	2 50	5 14	6 51	10 4	5 17	6 49	10 9	5 31	6 34	10 28
23	Mo	Capt. Jack sentenced '73	☾	2 35	5 15	6 50	10 32	5 18	6 47	10 38	5 32	6 33	11 2
24	Tu	Austrians def'd Fr., 1796	☾	2 19	5 16	6 48	11 6	5 19	6 46	11 13	5 32	6 32	11 43
25	We	Herschel died, 1822	☾	2 3	5 17	6 46	11 49	5 20	6 44	11 57	5 33	6 31	mor.
26	Th	Castelar elected, 1873	☾	1 46	5 18	6 45	mor.	5 21	6 43	mor.	5 33	6 30	0 30
27	Fr	Battle of Long Isle, 1741	☾	1 29	5 19	6 43	0 42	5 22	6 41	0 50	5 34	6 29	1 25
28	Sa	Delaware Bay disc., 1600	☾	1 12	5 20	6 41	1 45	5 23	6 40	1 53	5 34	6 28	2 26

(35.) 12th SUNDAY AFTER TRINITY. Mark 7. Day's Length, (Pitts.) 13 h. 14 m.

29	S	Edgar Cowan died, 1885	☾	0 54	5 21	6 40	2 56	5 24	6 38	3 3	5 35	6 26	3 33
30	Mo	Wm. Penn died, 1718	☾	0 36	5 22	6 38	rises	5 25	6 37	rises	5 35	6 25	rises
31	Tu	Geo. W. Curtis d., 1892	☾	0 18	5 23	6 37	7 22	5 25	6 36	7 21	5 36	6 24	7 12



A DELICATE HINT.

HIS LORDSHIP.—“I say, Caddy, me boy, where has the deuced ball gone, dont cher know?”

TIRED CADDY (who has been out since early morn with his Lordship).—“I think its gone 'ome, sir.”

LANGUAGES MOST SPOKEN.

The most spoken language is Chinese, but as there are so many dialects in the language, and as these differ so greatly in the confines of Mongolia and Thibet from those around Pekin, it is scarcely correct to say that the 382,000,000 Celestials all speak one language. Putting, therefore, Chinese aside the most spoken languages in the world are as follows, in millions: English, 120; German, 70; Russian, 68; Spanish, 44; Portuguese, 32. If we were to measure these in ratio on a two-foot rule we should get the following results: Portuguese, 4 inches; Spanish, $5\frac{1}{2}$ inches; Russian, $8\frac{1}{2}$ inches; German, $8\frac{3}{4}$ inches; English, 1 foot and 3 inches.

A good hair tonic is made of one quart of bay rum and one ounce each of castor oil and cantharides. Shake well. If the hair is very oily, use but half the amount of oil. Apply night and morning.

From E. M. LEWIS, Montezuma, Ga., January 27, 1906:

Dear Sirs—I was a great sufferer for years with an aggravated case of acute indigestion. I spent considerable money for doctor's bills, and trying different kinds of patent medicines, without getting any relief. I had about despaired when a friend induced me to try Hostetter's Stomach Bitters. I commenced to improve from the start, and to-day, after taking three bottles, I am entirely well, and I think your Bitters is the greatest medicine ever discovered.

HOW TO KEEP WELL.

Nature is always and forever trying hard to keep people well; and most so-called disease—which word means merely lack of ease—is self-limiting, and tends to cure itself. If you have no appetite, do not eat. If you have appetite, do not eat too much. Be moderate in the use of everything, except fresh air and sunshine.



MOON'S PHASES.

☾	LAST QUARTER.....
☾	NEW MOON.....
☾	FIRST QUARTER.....
☾	FULL MOON.....

BOSTON.

D.	H.	M.	
6	3	0	Eve.
14	10	25	Mor.
22	1	47	Eve.
29	8	21	Mor.

PITTSBURGH.

D.	H.	M.	
6	2	24	Eve.
14	9	49	Mor.
22	1	11	Eve.
29	7	45	Mor.

NEW ORLEANS.

D.	H.	M.	
6	1	44	Eve.
14	9	9	Mor.
22	0	31	Eve.
29	7	5	Mor.

Days		HISTORICAL EVENTS.	Moon's C.	Sun			Sun			Moon			Sun			Sun			Moon			Sun			Sun			Moon		
Mon.	Week			fast	M. S.		rises	sets	rises	rises	sets	rises	rises	sets	rises	rises	sets	rises	rises	sets	rises	rises	sets	rises	rises	sets	rises	rises	sets	rises
1	We	Cetewayo captured, 1879	☾	0 1	5 24		6 35	7 51	5 26	6 34	7 51	5 36	6 23	7 50																
2	Th	Great London Fire, 1666	☾	0 20	5 25		6 33	8 19	5 27	6 32	8 21	5 37	6 22	8 27																
3	Fr	Treaty ratified, 1783	☾	0 39	5 26		6 31	8 47	5 28	6 30	8 50	5 37	6 21	9 4																
4	Sa	Gen. Morgan killed, 1864	☾	0 58	5 27		6 30	9 17	5 29	6 29	9 22	5 38	6 19	9 42																

(36.) 13th SUNDAY AFTER TRINITY.

Luke 10.

Day's Length, (Pitts.) 12 h. 57 m.

5	S	Cholera in London, 1854	☾	1 18	5 29	6 28	9 52	5 30	6 27	9 58	5 39	6 18	10 24
6	Mo	Mayflower sailed, 1620	☾	1 38	5 30	6 26	10 32	5 31	6 26	10 39	5 39	6 17	11 11
7	Tu	Jno. G. Whittier d., 1892	☾	1 58	5 31	6 24	11 18	5 32	6 24	11 26	5 40	6 16	mor.
8	We	Montreal surrend., 1760	☾	2 19	5 32	6 23	mor.	5 33	6 22	mor.	5 40	6 14	0 1
9	Th	California admit'd, 1850	☾	2 39	5 33	6 21	0 12	5 34	6 21	0 20	5 41	6 13	0 55
10	Fr	S. S. Cox died, 1889	☾	3 0	5 34	6 19	1 11	5 35	6 19	1 18	5 41	6 12	1 52
11	Sa	America discov'd, 1492	☾	3 20	5 35	6 18	2 14	5 36	6 18	2 21	5 42	6 11	2 50

(37.) 14th SUNDAY AFTER TRINITY.

Luke 17.

Day's Length, (Pitts.) 12 h. 39 m.

12	S	Mendelsohn born, 1809	☾	3 41	5 36	6 16	3 17	5 37	6 16	3 23	5 42	6 10	3 46
13	Mo	David Bruce died, 1892	☾	4 2	5 37	6 14	4 20	5 38	6 14	4 24	5 43	6 8	4 42
14	Tu	Pres. McKinley d., 1901	☾	4 23	5 38	6 12	sets	5 39	6 12	sets	5 44	6 7	sets
15	We	Gen. Scott took Mex. '47	☾	4 44	5 39	6 11	7 1	5 40	6 11	7 2	5 44	6 6	7 1
16	Th	Moscow burned, 1812	☾	5 5	5 40	6 9	7 22	5 41	6 9	7 24	5 45	6 5	7 30
17	Fr	Mathew Carey d., 1839	☾	5 27	5 41	6 7	7 43	5 42	6 7	7 46	5 45	6 3	7 58
18	Sa	N. Y. Times founded, '51	☾	5 48	5 42	6 5	8 6	5 43	6 5	8 10	5 45	6 2	8 28

(38.) 15th SUNDAY AFTER TRINITY.

Matt. 6.

Day's Length, (Pitts.) 12 h. 20 m.

19	S	1st Battle of Paris, 1870	☾	6 9	5 43	6 3	8 33	5 44	6 4	8 39	5 46	6 1	9 2
20	Mo	Grant at San Francis. '79	☾	6 30	5 44	6 2	9 4	5 45	6 2	9 11	5 46	6 0	9 39
21	Tu	Rob. Emmett hung, 1803	☾	6 51	5 46	6 0	9 42	5 46	6 1	9 49	5 47	5 59	10 22
22	We	Mormonism founded, '27	☾	7 12	5 47	5 58	10 29	5 47	5 59	10 37	5 48	5 57	11 13
23	Th	Wellington's 1st Vict. '03	☾	7 33	5 48	5 56	11 26	5 48	5 57	11 34	5 48	5 56	mor.
24	Fr	Marcus A. Hanna b. 1837	☾	7 54	5 49	5 55	mor.	5 49	5 56	mor.	5 49	5 55	0 9
25	Sa	Pacific Ocean disc., 1513	☾	8 15	5 50	5 53	0 32	5 50	5 54	0 39	5 49	5 54	1 12

(39.) 16th SUNDAY AFTER TRINITY.

Luke 7.

Day's Length, (Pitts.) 12 h. 2 m.

26	S	Philadelphia taken, 1777	☾	8 35	5 51	5 51	1 46	5 51	5 53	1 52	5 50	5 52	2 20
27	Mo	First R. R. in World, '25	☾	8 56	5 52	5 49	3 4	5 52	5 51	3 8	5 51	5 51	3 29
28	Tu	Spanish Revolution 1823	☾	9 16	5 53	5 48	4 22	5 53	5 49	4 25	5 51	5 50	4 38
29	We	Gen. Schofield ret'd, '95	☾	9 36	5 54	5 46	rises	5 54	5 47	rises	5 52	5 49	rises
30	Th	Senator Hoar died, 1904	☾	9 55	5 55	5 44	6 43	5 55	5 46	6 46	5 52	5 47	6 56

"THE soul of music slumbers in the shell,
Till waked and kindled by the master's spell;
And feeling hearts, touch them but rightly, pour
A thousand melodies unheard before!"

THERE is a man somewhere whose memory
is so short that it only reaches to his
knees; and therefore he never pays for his
boots.

REINFORCE THE HEART WITH VIGOR.

PROMINENT among the organs that promote life and health in every man is the heart. Now the heart is a pump which distributes the vital fluid through all the tissues. When in a normal state, the body is fully supplied with this necessity of life, and its quantity and quality depends upon the force by which it is fortified by the stomach, liver, kidneys and other parts of the internal mechanism. When the heart has been overstrained by severe effort, if long continued, it becomes organically affected, and the distinguished athlete almost proverbially dies young. If, on the other hand, we fail to give the heart exercise of its proper functions, it shrinks and fails when most needed, which is nearly as destructive to our happiness.

The true way to accomplish the best results, and enable the heart vigorously to send the blood through the lungs, where it is purified by the oxygen we breathe, continuing it through every tissue, and returning it to its source, to

repeat, with the precision of an endless chain, the same life-giving nutriment, is to strengthen the supporting organs, and build up a strong and wholesome physique, in which improvement the heart assimilates a liberal share. In fact, much of the discomfort we feel in that region is caused by gases which generate in and distend the stomach, pressing against the heart, which causes the misery.

No better remedy for these ills has been found than **Hostetter's Stomach Bitters**. It soon cleanses the stomach of all those fetid gases and germs which contaminate the blood and bile; stimulates the liver and kidneys to perform their duties with thoroughness, and renders the body pure and the brain active and alert to fulfill well their part in the human economy. A course of this family medicine has saved many from protracted illness, and built up a wall of defence around the heart, making it beat in unison with a well-balanced system.

THE WILLING SLAVES.

They are slaves who fear to speak
For the fallen and the weak;
They are slaves who will not choose
Hatred, scoffing, and abuse,
Rather than in silence shrink
From the truth they needs must think;
They are slaves who dare not be
In the right with two or three.

LOWELL.

From G. A. BROZZELL, Revere, Mass., January 29, 1906:

I suffered for ten years with headaches and biliousness, and five years ago I commenced taking Hostetter's Celebrated Stomach Bitters, and have not been troubled with headaches since.

CORNS on the feet may be cured by placing a piece of common washing soda upon the corn and tying a piece of rag over it to keep it on. Do this every night for a week, and the corn will disappear.

From THORN SPENCE, Waukesha, Wisconsin, April 17, 1906:

I have used Hostetter's Stomach Bitters for 30 years, and wouldn't be without it, as it is a wonderful medicine.

COMMON table salt makes a good dentifrice. A teaspoonful dissolved in two-thirds of a tumbler of water, used in brushing the teeth, hardens the gums, and whitens the teeth.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.			
				D.	H.	M.	D.	H.	M.	D.	H.	M.	
☾	LAST QUARTER.....			6	2	0 Mor.	6	1	24 Mor.	6	0	44 Mor.	
☾	NEW MOON.....			14	3	29 Mor.	14	2	53 Mor.	14	2	13 Mor.	
☾	FIRST QUARTER.....			22	2	19 Mor.	22	1	43 Mor.	22	1	3 Mor.	
☾	FULL MOON.....			28	5	23 Eve.	28	4	47 Eve.	28	4	7 Eve.	
Days		HISTORICAL EVENTS.	Moon's C.	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon	
Mon.	Week			fast	rises	sets	rises	rises	sets	rises	rises	sets	rises
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	
1	Fr	2-cent postage adop., '83	☾	10 15	5 56	5 43	7 13	5 56	5 44	7 17	5 53	5 46	7 35
2	Sa	Brig. Young arrest. 1871	☾	10 34	5 58	5 41	7 47	5 57	5 42	7 53	5 53	5 45	8 17
(40.) 17th SUNDAY AFTER TRINITY.				Luke 14.			Day's Length, (Pitts.) 11 h. 42 m.						
3	S	Bat. of Wurtemberg, '13	☾	10 53	5 59	5 39	8 25	5 58	5 40	8 32	5 53	5 44	9 3
4	Mo	Rutherford Hayes b. '22	☾	11 11	6 0	5 37	9 11	5 59	5 39	9 19	5 54	5 43	9 53
5	Tu	Cornwallis died, 1805	☾	11 29	6 1	5 36	10 5	6 0	5 37	10 13	5 55	5 41	10 48
6	We	Peace proclaimed, 1783	☾	11 47	6 2	5 34	11 4	6 1	5 36	11 12	5 56	5 40	11 46
7	Th	Oliver W. Holmes d. 1894	☾	12 5	6 3	5 32	mor.	6 2	5 34	mor.	5 56	5 39	mor.
8	Fr	Great Chicago Fire, 1871	☾	12 22	6 4	5 31	0 6	6 3	5 32	0 13	5 57	5 38	0 44
9	Sa	Florida purchased, 1820	☾	12 38	6 5	5 29	1 10	6 4	5 31	1 16	5 58	5 37	1 41
(41.) 18th SUNDAY AFTER TRINITY.				Matt. 22.			Day's Length, (Pitts.) 11 h. 24 m.						
10	S	Card. McCloskey d. 1868	☾	12 54	6 7	5 27	2 12	6 5	5 29	2 17	5 58	5 35	2 37
11	Mo	Afghan War ends, 1844	☾	13 10	6 8	5 25	3 13	6 6	5 28	3 16	5 59	5 34	3 31
12	Tu	Robt. E. Lee died, 1870	☾	13 25	6 9	5 24	4 14	6 7	5 26	4 16	6 0	5 33	4 25
13	We	Bat. of Queenstown, 1812	☾	13 39	6 10	5 22	5 15	6 8	5 25	5 16	6 0	5 32	5 18
14	Th	Battle of Jena, 1806	☾	13 53	6 11	5 21	sets	6 9	5 23	sets	6 1	5 31	sets
15	Fr	Bank Panic, 1857	☾	14 7	6 13	5 19	6 11	6 11	5 22	6 15	6 2	5 30	6 31
16	Sa	John Brown's Raid, 1859	☾	14 20	6 14	5 17	6 35	6 12	5 20	6 40	6 2	5 29	7 2
(42.) 19th SUNDAY AFTER TRINITY.				Matt. 9.			Day's Length, (Pitts.) 11 h. 6 m.						
17	S	Chas. A. Dana died, 1897	☾	14 32	6 15	5 16	7 5	6 13	5 19	7 11	6 3	5 28	7 39
18	Mo	N. J. adopted Const. 1787	☾	14 44	6 16	5 14	7 41	6 14	5 17	7 48	6 4	5 27	8 20
19	Tu	Moscow evacuated, 1812	☾	14 55	6 17	5 13	8 24	6 15	5 16	8 32	6 4	5 26	9 7
20	We	Lydia M. Child d., 1880	☾	15 6	6 18	5 11	9 15	6 16	5 14	9 23	6 5	5 25	9 59
21	Th	World's Fair dedic. 1872	☾	15 16	6 19	5 10	10 16	6 17	5 13	10 24	6 5	5 24	10 58
22	Fr	Hessians defeated, 1777	☾	15 25	6 21	5 8	11 25	6 18	5 11	11 32	6 6	5 23	mor.
23	Sa	Earthq. in Hungary, 1736	☾	15 34	6 22	5 7	mor.	6 19	5 10	mor.	6 7	5 22	0 2
(43.) 20th SUNDAY AFTER TRINITY.				Matt. 22			Day's Length, (Pitts.) 10 h. 48 m.						
24	S	Daniel Webster d., 1852	☾	15 42	6 23	5 5	0 38	6 20	5 8	0 44	6 8	5 21	1 7
25	Mo	Macedonian capt'd, 1812	☾	15 49	6 24	5 4	1 54	6 22	5 7	1 58	6 8	5 20	2 15
26	Tu	First Congr. adj'd, 1774	☾	15 56	6 25	5 2	3 12	6 23	5 5	3 15	6 9	5 19	3 24
27	We	Capt. Cook born, 1728	☾	16 2	6 26	5 1	4 31	6 24	5 4	4 32	6 10	5 18	4 32
28	Th	Earthqu'e at Lima, 1746	☾	16 7	6 28	5 0	rises	6 25	5 3	rises	6 11	5 17	rises
29	Fr	Gen. McClellan d., 1885	☾	16 11	6 29	4 58	5 40	6 26	5 2	5 45	6 11	5 16	6 6
30	Sa	Gov. Andrew died, 1867	☾	16 15	6 30	4 57	6 17	6 28	5 0	6 23	6 12	5 15	6 52
(44.) 21st SUNDAY AFTER TRINITY.				John 4.			Day's Length, (Pitts.) 10 h. 30 m.						
31	S	Nevada a State, 1864	☾	16 18	6 32	4 55	7 1	6 29	4 59	7 8	6 13	5 14	7 42

TRANSGRESSING THE LAWS OF HEALTH.

WE ARE all prone to forget the lessons of experience, and indulge in that course of conduct in regard to diet and hygiene which is contrary to all known laws of health. Dr. John A. Worden, of Milwaukee, Wis., while endeavoring to raise a family on the most simple and natural food, and who is also sowing good seed among his patients, and in the community in which he lives, says:—

"No national or international problems concerning the welfare of our people are as important as our food problem. And yet it is a very simple one, solved by an all-wise Creator before the creation of man. Time enough is wasted in the kitchen of our modern homes, spoiling good food by making almost impossible mixtures and then overcooking these, to do all the necessary work of any nation. This careless and ignorant diet leads to ill health from which there is no escape unless we learn to lead a sensible life, eating moderately of natural foods, and these in simple combinations."

That such is the case is a sad commentary upon the intelligence and self-control of our people. The result is the

inevitable loss of health and bodily stamina, disabling us from attaining the goal at which every one is aiming. When this downward course is once started, it proceeds with accelerating momentum, until every vestige of self-reliance is sapped from our spirits, and we succumb to our fate.

Before such a catastrophe overtakes us there is relief and healing if we only seek it. Those who have braced themselves with **Hostetter's Stomach Bitters** have found that it so regulates the relation between the various organs as to cause the victim of self-inflicted disease to stand bravely up and proclaim himself a man again. It enables him to resist the temptations of the banquet hall, and to crave only those articles, properly cooked, that minister to a wholesome and natural appetite.

For all cases of disturbance in the functions of alimentation, assimilation and digestion, this medicine is a sovereign remedy. It has been the companion of the pioneer as he cleared the primeval forest, the succor and the solace of those subject to malaria, and mitigates and expels the virus of fever and ague.

FRUIT VALUES.

Apples remove constipation, nervous dyspepsia and rheumatism.

Blackberries, perfectly ripe, are one of the best remedies for summer complaint.

Cranberries are good for liver troubles resultant from overeating.

Lemons are good for the liver, help to keep off malaria and have many toilet uses.

BIRDS AS INSECT DESTROYERS.—It is claimed that a pair of old birds with a nest of young will in the process of a single day's

feeding, destroy nearly 1000 insects. Multiply this by the great number of insectivorous birds in our fields and forests and we can get an approximate idea of the helpful protection afforded by birds to our agricultural interests.

From HON. JOHN P. BOWER, Rushsylvania, Ohio, June 22, 1906:

Dear Sirs—Your Hostetter's Stomach Bitters is certainly all you claim for it, and above all in my experience the remedy extraordinary for an appetizer and general debility.



MOON'S PHASES.					BOSTON.			PITTSBURGH.			NEW ORLEANS.			
					D.	H.	M.	D.	H.	M.	D.	H.	M.	
☾ LAST QUARTER.....					4	4	54 Eve.	4	4	18 Eve.	4	3	38 Eve.	
☾ NEW MOON.....					12	9	34 Eve.	12	8	58 Eve.	12	8	18 Eve.	
☾ FIRST QUARTER.....					20	0	45 Eve.	20	0	9 Eve.	20	11	29 Mor.	
☾ FULL MOON.....					27	4	8 Mor.	27	3	32 Mor.	27	2	52 Mor.	
Days		HISTORICAL EVENTS.	Moon's C.	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon		
Mon.	Week			fast	rises	sets	rises	rises	sets	rises	rises	sets	rises	
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.		
1	Mo	Stamp Act, America 1765	☐	16 20	6 33	4 54	7 53	6 30	4 58	8 1	6 14	5 13	8 37	
2	Tu	Erie Canal finished, 1825	☐	16 21	6 34	4 52	8 52	6 31	4 57	9 0	6 14	5 13	9 36	
3	We	Napoleon surrend., 1870	☐	16 21	6 35	4 52	9 55	6 32	4 56	10 2	6 15	5 12	10 35	
4	Th	Eugene Field died, 1895	☐	16 21	6 36	4 50	10 59	6 34	4 54	11 5	6 16	5 11	11 34	
5	Fr	Bat. of Inkermann, 1853	☐	16 20	6 38	4 49	mor.	6 35	4 53	mor.	6 17	5 10	mor.	
6	Sa	Lincoln elected, 1860	☐	16 18	6 39	4 48	0 3	6 36	4 52	0 8	6 18	5 10	0 30	
(45.) 22d SUNDAY AFTER TRINITY.					Matt. 18.			Day's Length, (Pitts.) 10 h. 14 m.						
7	S	First Newspaper pr. 1663	☐	16 15	6 40	4 47	1 5	6 37	4 51	1 9	6 18	5 9	1 25	
8	Mo	Col. Drake died, 1880	☐	16 11	6 42	4 46	2 6	6 38	4 50	2 9	6 19	5 8	2 19	
9	Tu	Prince of Wales b., 1841	☐	16 6	6 43	4 45	3 7	6 40	4 49	3 8	6 20	5 8	3 13	
10	We	Centen. Expos. clos'd, '76	☐	16 1	6 44	4 44	4 7	6 41	4 48	4 7	6 21	5 7	4 5	
11	Th	Milan Decree, 1807	☐	15 54	6 45	4 42	5 8	6 42	4 47	5 7	6 21	5 7	4 58	
12	Fr	French seize Vienna, '05	☐	15 47	6 47	4 41	6 10	6 43	4 46	6 8	6 22	5 6	5 53	
13	Sa	French ent. Vienna, 1805	☐	15 39	6 48	4 40	sets	6 44	4 45	sets	6 23	5 5	sets	
(46.) 23d SUNDAY AFTER TRINITY.					Matt. 22.			Day's Length, (Pitts.) 9 h. 59 m.						
14	S	Great Buffalo Fire, 1832	☐	15 30	6 49	4 40	5 40	6 45	4 44	5 47	6 24	5 5	6 18	
15	Mo	Fort Mifflin taken, 1777	☐	15 20	6 51	4 39	6 21	6 46	4 43	6 29	6 25	5 4	7 3	
16	Tu	Ft. Washing'n taken 1776	☐	15 10	6 52	4 38	7 10	6 47	4 42	7 18	6 26	5 4	7 54	
17	We	Bank of Eng. found. 1693	☐	14 58	6 53	4 37	8 8	6 48	4 41	8 16	6 26	5 4	8 51	
18	Th	Standard Time adop. '83	☐	14 46	6 54	4 36	9 14	6 49	4 41	9 21	6 27	5 3	9 53	
19	Fr	Wm. J. Florence d. 1891	☐	14 33	6 55	4 35	10 24	6 51	4 40	10 30	6 28	5 3	10 56	
20	Sa	Chloroform introd. 1847	☐	14 19	6 57	4 35	11 37	6 52	4 40	11 42	6 29	5 2	mor.	
(47.) 24th SUNDAY AFTER TRINITY					John 6.			Day's Length, (Pitts.) 9 h. 46 m.						
21	S	Ft. Niagara bomb., 1812	☐	14 4	6 58	4 34	mor.	6 53	4 39	mor.	6 30	5 2	0 1	
22	Mo	Thurlof Weed d., 1882	☐	13 49	6 59	4 33	0 51	6 54	4 38	0 54	6 31	5 2	1 7	
23	Tu	France a Republic, 1792	☐	13 33	7 0	4 33	2 6	6 55	4 38	2 8	6 32	5 1	2 13	
24	We	Gen. Taylor born, 1784	☐	13 16	7 2	4 32	3 23	6 57	4 37	3 23	6 32	5 1	3 20	
25	Th	Ft. Duquesne capt., 1755	☐	12 58	7 3	4 32	4 41	6 58	4 37	4 40	6 33	5 1	4 29	
26	Fr	Sojourner Truth d., 1883	☐	12 40	7 4	4 31	6 0	6 59	4 36	5 57	6 34	5 1	5 39	
27	Sa	Stereotyping inv., 1725	☐	12 20	7 5	4 31	rises	7 0	4 36	rises	6 35	5 1	rises	
(48.) 1st SUNDAY IN ADVENT.					Matt. 21.			Day's Length, (Pitts.) 9 h. 34 m.						
28	S	Wash. crosses Del., 1776	☐	12 0	7 6	4 30	5 38	7 1	4 35	5 46	6 36	5 0	6 21	
29	Mo	Polish Revolution, 1830	☐	11 40	7 7	4 30	6 33	7 2	4 35	6 41	6 37	5 0	7 17	
30	Tu	Gen. Jeff. C. Davis d. '79	☐	11 18	7 8	4 29	7 37	7 3	4 34	7 45	6 37	5 0	8 19	

"HAVE you heard my last speech," asked a political haranguer of a wit. "I sincerely hope so," was the reply.

THE right kind of a man will always have his life insured. It gives his wife's second husband a start.



NOT TO HER LIKING.

MAUDE.—“The boys all admit she ain’t exactly pretty. They say her face grows on them.”

IRENE.—“Does it? Well, I shouldn’t want it to grow on me!”

VIRTUES OF THE ONION.

The onion is rapidly coming more into favor on the tables of all classes of people as its many virtues are becoming known. “It is undoubtedly the earth’s best product,” said a caterer the other day. “It is a medicine, it is a food, and it is a narcotic.”

“I used to be troubled with insomnia. My doctor said: ‘Eat a raw onion with a slice of bread every night before retiring.’ I did so. I peeled the onion, I put salt on it and devoured it with delight, for it was good. I never had insomnia thereafter. Undoubtedly a raw onion taken each night will cure the most obstinate and long-standing cases of this disorder.”

“Onions as a food are most nutritious. The lentil comes first of all in this respect, then peas and then the onion.”

AN old painter watched a little fellow who amused himself making drawings of his pot and brushes, easel and stool, and said, “That boy will beat me some day.” So he did, for he was Michael Angelo.

THE IRISHMAN AND THE MULE.—General Phil Sheridan was at one time asked at what little incident did he laugh the most. “Well,” he said, “I do not know, but I always laugh when I think of the Irishman and the army mule. I was riding down the line one day when I saw an Irishman mounted on a mule which was kicking its legs rather freely. The mule finally got its hoof caught in the stirrup, when, in the excitement, the Irishman remarked, ‘Well, begorra, if you’re goin’ to git on I’ll git off.’”

From MRS. MARY GILMORE, Ringo’s Mills, Ky., April 23, 1906:

Dear Sirs—I have been in very feeble health for years—was given up by the best physicians. I was advised to try your Hostetter’s Stomach Bitters. I began using it a year ago—began to improve from the first bottle, and have improved ever since. I am now in good health and feel that I owe it all to Hostetter’s Bitters. I recommend it to any one suffering from stomach trouble.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.			
				D. H. M.			D. H. M.			D. H. M.			
☾ LAST QUARTER.....				4 11 28 Mor.			4 10 52 Mor.			4 10 12 Mor.			
☾ NEW MOON.....				12 3 15 Eve.			12 2 39 Eve.			12 1 59 Eve.			
☾ FIRST QUARTER.....				19 9 34 Eve.			19 8 58 Eve.			19 8 18 Eve.			
☾ FULL MOON.....				26 4 46 Eve.			26 4 10 Eve.			26 3 30 Eve.			
Days		HISTORICAL EVENTS.	Moon's C.	Sun fast	Sun			Sun			Sun		
Mon.	Week				rises	sets	Moon rises	rises	sets	Moon rises	rises	sets	Moon rises
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	We	Czar's life attempted, '79	☾	10 56	7 9	4 29	8 44	7 4	4 34	8 51	6 38	5 0	9 21
2	Th	John Brown hung, 1859	☾	10 34	7 10	4 28	9 50	7 5	4 34	9 56	6 39	5 0	10 20
3	Fr	Revol. in England, 1688	☾	10 10	7 11	4 28	10 54	7 6	4 34	10 58	6 40	5 0	11 17
4	Sa	Harrison nomin., 1839	☾	9 46	7 12	4 28	11 56	7 7	4 33	11 59	6 41	5 0	mor.
(49.) 2d SUNDAY IN ADVENT.				Luke 21.			Day's Length, (Pitts.) 9 h. 25 m.						
5	S	Kossuth arr. in U. S. '51	☾	9 22	7 13	4 28	mor.	7 8	4 33	mor.	6 42	5 1	0 12
6	Mo	Diet at Worms, 1640	☾	8 57	7 14	4 28	0 57	7 9	4 33	0 59	6 42	5 1	1 6
7	Tu	Colfax elec. Speaker, '63	☾	8 31	7 15	4 28	1 57	7 10	4 33	1 58	6 43	5 1	1 57
8	We	Father Matthew d., 1857	☾	8 5	7 16	4 28	2 57	7 11	4 33	2 56	6 44	5 1	2 50
9	Th	John Milton born, 1608	☾	7 38	7 17	4 28	3 58	7 12	4 33	3 56	6 44	5 1	3 44
10	Fr	Peace Treaty sig'd, 1898	☾	7 11	7 18	4 28	5 1	7 13	4 33	4 58	6 45	5 1	4 40
11	Sa	Gen. Garcia died, 1898	☾	6 43	7 19	4 28	6 5	7 14	4 33	6 1	6 46	5 1	5 37
(50.) 3d SUNDAY IN ADVENT.				Matt. 11.			Day's Length, (Pitts.) 9 h. 18 m.						
12	S	Bazaine sentenced, 1873	☾	6 15	7 20	4 28	sets	7 15	4 33	sets	6 46	5 1 st	sets
13	Mo	New Zealand disc., 1751	☾	5 47	7 21	4 28	5 6	7 16	4 33	5 14	6 47	5 2	5 50
14	Tu	Washington died, 1799.	☾	5 19	7 21	4 28	6 2	7 16	4 34	6 10	6 48	5 2	6 46
15	We	Patent Office burnt, 1836	☾	4 50	7 22	4 29	7 6	7 17	4 34	7 13	6 48	5 2	7 46
16	Th	Battle of Nashville, 1864	☾	4 20	7 23	4 29	8 15	7 18	4 34	8 21	6 49	5 3	8 49
17	Fr	Wood Engr. invent. 1460	☾	3 51	7 23	4 29	9 27	7 19	4 34	9 32	6 50	5 3	9 53
18	Sa	Humphrey Davy b., 1778	☾	3 22	7 24	4 29	10 41	7 19	4 35	10 44	6 50	5 3	10 59
(51.) 4th SUNDAY IN ADVENT.				John 1.			Day's Length, (Pitts.) 9 h. 15 m.						
19	S	Battle of Niagara, 1813	☾	2 52	7 25	4 30	11 54	7 20	4 35	11 56	6 51	5 4	mor.
20	Mo	U. S. Bank closed, 1791	☾	2 22	7 26	4 30	mor.	7 20	4 36	mor.	6 51	5 4	0 4
21	Tu	Savannah taken, 1864	☾	1 52	7 26	4 31	1 7	7 21	4 36	1 8	6 52	5 5	1 7
22	We	Gottenburg burned 1802	☾	1 22	7 26	4 31	2 21	7 21	4 36	2 20	6 52	5 5	2 12
23	Th	Tornado in France, 1790	☾	0 52	7 27	4 32	3 37	7 22	4 37	3 35	6 52	5 6	3 19
24	Fr	Gr. Snow in Engl., 1836	☾	0 22	7 27	4 32	4 54	7 22	4 37	4 50	6 53	5 6	4 28
25	Sa	Sir Isaac Newton b. 1642	☾	slow	7 28	4 33	6 10	7 23	4 38	6 5	6 54	5 7	5 36
(52.) 1st SUNDAY AFTER CHRISTMAS.				Matt. 1.			Day's Length, (Pitts.) 9 h. 15 m.						
26	S	Gen. Logan died, 1886	☐	0 37	7 28	4 34	rises	7 23	4 38	rises	6 54	5 7	rises
27	Mo	Belgium independ., 1830	☐	1 7	7 29	4 34	5 17	7 23	4 39	5 25	6 54	5 8	6 1
28	Tu	Tay Bridge disaster 1879	☐	1 36	7 29	4 35	6 23	7 23	4 40	6 30	6 55	5 9	7 3
29	We	Texas a State, 1845	☐	2 5	7 29	4 36	7 30	7 24	4 40	7 36	6 55	5 10	8 4
30	Th	Buffalo burned, 1813	☐	2 34	7 29	4 36	8 37	7 24	4 41	8 42	6 55	5 10	9 3
31	Fr	W. Virginia admit., 1862	☐	3 3	7 30	4 37	9 42	7 24	4 42	9 46	6 56	5 11	10 1

WHAT is better than a promising young man? A paying one.

A WASTE of money—To put a ten dollar hat on a dime's worth of brains.

GENERAL DEBILITY.

THE debility arising from specific ailments can only be removed by removing the disease. Physical prostration caused by indigestion, biliousness, bowel complaints, fever and ague, etc., are relieved by the operation of **Hostetter's Stomach Bitters** in two ways, viz., by the direct effect of the medicine upon the seat of the disorder, and by the influence it exerts as a nervine and invigorant upon the general system.

But there is another species of physical weakness, which is unaccompanied by any symptoms of a causative disease. It proceeds either from a lack of constitutional vigor, or a feeble, nervous organization and a want of vitality.

What men in this condition need is Hostetter's Stomach Bitters. It will make the tired feel strong. It will put leaping, throbbing, vitalizing blood in the veins, and strengthen and steady

the nerves of the sufferer. The change for the better will brighten up the outlook immediately.

The Bitters act directly upon the blood, brain and nerve forces. It stops drains and replaces the worn and run down tissues with the same kind of material that has been wasted. It fills the shrivelled arteries with pure and rich blood, which increases the weight in sound healthy flesh and muscles. It fills the brain and nerves with fresh vital fluid that forces new life and vigor into every portion of the body. It effects a prompt and peremptory reform, that one is enabled to throw off the supersensitiveness by day, and excitability at night. Thus it builds up the entire system, and transforms the sufferer into perfect health. Many have asserted that the Bitters is what they often wished for, but never obtained in any other remedy.

FALLING OF THE HAIR.

Falling of the hair is one of the results of failure of nutrition of the scalp. The nutrition of the scalp may fail prematurely; then the hair will fall prematurely. Sooner or later, in the majority of men, the hair gets thin with advancing age. Women do not suffer as much in this respect as men, for the reason that they treat their scalps better; they do not cover the hair so much, and consequently the head is not so often overheated.

THE medicinal qualities of pure olive oil are numerous and are becoming better known day by day. A teaspoonful taken after each meal will relieve constipation and dyspepsia. Mixed with an equal part of lime water it is invaluable for burns. Poured into the eye it will remove any foreign substance lodged there. It is a sure cure for hang-nails; is good for chapped hands; is excellent rubbed over the whole body after taking a bath, and is beneficial for use in massaging a dry scalp.

THE spring housecleaner will find the following an excellent furniture polish if she wishes a glossy finish. Half a pint of alcohol, half an ounce each of rosin and shellac powdered. Mix these with the alcohol, next adding half a pint of linseed oil. The mixture must be shaken thoroughly before using.

A GERMAN boy was reading a blood and thunder novel. Right in the midst of it he said to himself: "Now, this will never do. I get too much excited over it. I can't study so well after it. So here goes!" And he flung the book out into the river. He was Fichte, the great German philosopher.

VALUE OF THE BITTERS.

NOT knowing the cause, some people suffer on. They are not sick, they are not well. They cannot name their ailment. It is simply weakness, a breaking down of the vital forces. Whatever its causes (and they are innumerable) its symptoms are in the main the same.

Some of the most prominent are extreme lassitude, loss of appetite, loss of flesh, and great mental depression. Indigestion and a cough that seems to come from the stomach, are also frequently concomitants of this distressing state of the body and mind.

The common remark in relation to persons in such a condition is that they are consumptive. Now, what these unfortunates really want is vigor, and vital strength; and as surely as dawn succeeds darkness, they can recuperate their systems and regain perfect health by re-

sorting to **Hostetter's Stomach Bitters.**

It is as clear that a life-reviving tonic is required in such cases, as that the dying flame of an empty lamp requires to be revived with a new supply of oil. Perfectly pure and innocuous, containing nothing but the most genial vegetable extracts, and combining the three grand elements of a stomachic, an alterative, and a genial invigorant, Hostetter's Stomach Bitters are suitable to all constitutions, and are as applicable to the diseases and disabilities of the feeble sex as to those of men. You will find a great many well preserved women of advanced years, attributing their health to this great Tonic, which has helped them over the hard places, keeping their blood pure and their digestion active and perfect.

FATIGUE AND DIGESTION.

Every one should know that to eat when tired is to place upon the digestive organs a burden which they are wholly unable to bear. When the body is in a state of fatigue the digestive organs are unable to perform their natural functions; the glands of the stomach will not form gastric juice; the saliva is deficient in quantity, and the whole digestive apparatus is incapable of doing efficient work. When exhausted one should rest before eating. If a faint or sinking sensation is experienced, relief may be obtained by drinking a glass of hot water or diluted fruit juice of some kind.

CIVILIZATION is a curious thing. It is supposed to improve the morals of mankind, yet it finds a primitive people without prisons, and the first thing it does is to erect a jail.

IF YOU prepare a dish of food carelessly, you do not expect Providence to make it palatable; neither, if through years of folly you misguide your own life, need you expect divine interference to bring round everything at last, as if you had done right.

JOHN RUSKIN.

THREE TIMES AND OUT.

Professor John Stuart Blackie, of Edinburgh, being suddenly called away by an important summons one day, posted this notice on his classroom door for his students:

"Professor Blackie will be unable to meet his classes to-day." Some waggish student came along and rubbed out the "e" from the word classes. The Professor, reaching home that evening, saw the erasure, chuckled, and promptly erased the letter "l." His students ever afterward had great respect for their teacher!

REGAIN BODILY STRENGTH.

THE weak are naturally anxious to gain stamina, and frequently lavish unlimited means uselessly to gain it. The doctors can tell them what is the matter, viz., that the blood is thin and watery in consequence of incomplete assimilation of the food, and is deficient in nourishing properties; but can they cure the difficulty? Salts of iron, quinine, and strychnia—(the latter of course in small doses, as it is a deadly poison), figures conspicuously among prescribed remedies, but they do not answer the purpose. They stimulate the appetite, but do not promote digestion, rather interfere with it by disordering the stomach, which has a tendency to aggravate the system and produce dangerous consequences.

The best way to gain stamina is to use **Hostetter's Stomach Bitters**, the purest, the most popular invigorant

known to mankind, and in combination with this tonic and assistant of digestion and assimilation, to resort to digestible diet, avoiding everything which is likely to impair the action of this ally of Nature.

The man or woman whose vital energies are breaking down, lies at the mercy of all diseases. The defences of Nature are demolished, life is imperiled, and death has only to enter to take undisputed possession. The part of wisdom is to reinforce the flagging physique with the Bitters, and regain that strength of body and alertness of mind which insure health and happiness.

The gain in strength under these circumstances will be rapid, and if excess, hardship or protracted illness have tried the constitution, the inroads made upon it will be quickly repaired. Insure your prospects of living to advanced years.

"WHEN twilight shadows softly fall
Across the fading light,
And vesper bells in music call
The heralds of the night,
O, hour that breathes of peace and rest
To those who sadly roam.
Hour that is dearest, sweetest, best,
When evening brings us home!"

THE COLDEST PLACE ON EARTH—The lowest temperature ever recorded on the earth was taken at Werchojansk, in the interior of Siberia, January 15th, 1885. It was ninety degrees and a fraction below zero. Werchojansk is in the latitude of the pole of cold. There the earth is frozen to a depth of about one hundred feet, and in the warmest season it never thaws.

WHERE HOLMES WAS WEAK.—"When I hear some of my friends saying they have not the strength to do so and so," said Representative John Wesley Gaines, of Tennessee, "I am reminded of what Oliver Wendell Holmes wrote to a committee in declining to accept an invitation to deliver a lecture. It was: 'I am far from being in good physical health, and I am satisfied that if I were offered a \$50 bill after my lecture, I should not have strength enough to refuse it.'"

STRONG soap suds applied with an old broom or a whitewash brush makes one of the best washes for fruit trees and will aid materially in destroying lice. In order to get the full benefit of healing in trees in the fall, advantage must be taken of the first favorable opportunity to set them out in the spring.

NATURE'S DECAY.

YOUTH is not a matter of years. A bright face and an active body cannot be called old, even if its owner has lived a hundred years. Age, wrinkles, feebleness and inactivity mean that the body is wearing out.

In the present age, men and women age prematurely, owing to the mental and physical strain of ambition and the pursuit of wealth. We should not wear out so quickly were it not for the gradual annihilation of bodily substance which is constantly going forward within us, and which, as we grow older, becomes less resistable to the reparative forces of Nature. The debris which is created by this destructive process, makes its exit from the system through the kidneys and bladder. Torpidity of these organs, far more than their irritation obstructs this discharging function, and is productive of the most serious peril, since it not only poisons the blood, but produces local diseases, which are

next to impossible to overcome. As many persons have a constitutional tendency to dropsy and uremia, two maladies of which the disability above alluded to, is surely productive, and as renal disorders are very common indeed, it is certainly most important to have at hand a reliable diuretic.

Hostetter's Stomach Bitters is an excellent invigorant and stimulant of the organs of urination, and consequently a means of protecting them against diabetes, Bright's disease, and catarrh of the bladder. If the discharging action of the kidneys and purity of the blood is maintained—a dual result of using this admirable tonic depurent—most imminent danger is averted. It is, moreover, highly desirable that a preventive should be resorted to promptly when there is retention of the urine or difficult micturition, since these symptoms of morbid tendency rapidly develop into chronic disease.

A MAN neglects the working parts of his body. Normally these parts should be exercised. He indulges his members in idleness. Whatever vitality and working force they may have had when in continued use, neglect causes the machinery to run stiffly. It is rust. A man may neglect to exercise his working brain forces. He may have ever so quick a mind, but if he does not use his mental machinery the rust of idleness is soon over it.

THE MOULD OF FORM.—An old English-woman of exceeding stoutness was making efforts, not immediately successful, to enter the rear door of an omnibus. The boy on the box leaned down and cried genially: "Try sideways, mother, try sideways!" To which the old woman responded: "Lord bless ye, John, I ain't got no sideways!"

From C. J. SHAW, Shandon, Cal., March 31, 1906:

Dear Sirs—I used Hostetter's Stomach Bitters 47 years ago, and esteem it highly as an aid to the digestion, and giving tone to the stomach.

FIERCEST WINDS ON RECORD.—The world's record for high winds is held by Point Reyes, an important United States storm signal station, about thirty-five miles north of San Francisco, on the coast. On May 18th, 1902, the wind was rushing along at the furious rate of 120 miles an hour for several minutes. A fearful gale raged for three days, recording on the anemometer 4,701 miles in seventy-two consecutive hours, or nearly one-fifth the distance round the globe, in three days.



NOT ALWAYS RELIABLE.

"Say, uncle Jerry, do you believe in signs?"

"Why yes, Clyde, why do you ask me that?"

"Cause mamma said big ears was a sign of generosity, but you didn't give me anything on my birthday."

It is a common fault to breathe only from the top of the lungs, while the air cells in the larger portion of them are inactive. Make a habit of using the abdominal muscles in breathing so as to utilize all the lung tissue. One is better able to resist all diseases, when the lungs are strong and active. Ventilation cannot be accomplished by simply letting the pure air in; the bad air must be let out. Open windows both from the top and bottom; hold a candle in the draft, and you will find the flame turn outward at the top and inward at the bottom of the window. Windows on opposite sides of the room ventilate more perfectly than those on the same side.

FROM A. R. STOKES, Rushsylvania, Ohio,
June 22, 1906:

Dear Sirs—I have tried many remedies for stomach troubles and was finally induced to use Hostetter's Stomach Bitters. I am now practically well.

FROM BENJ. E. ANDERSON, Paulding, Ohio,
June 27, 1906:

Dear Sirs—I take great pleasure in recommending Hostetter's Stomach Bitters after being cured with it, of nervousness and sleeplessness.

EDWIN BOOTH'S OPEN THEATRE.—A year or more before his death Edwin Booth received a letter from a prominent New York minister, in which the reverend gentleman explained that he had always felt a desire to witness Booth's portrayal of "Hamlet," but as such an act would be contrary to the doctrine of his faith he asked Booth if he could not arrange to have him admitted by a private entrance after the performance had begun, it being his intention to leave by the same door, thereby escaping the notice of the audience. To this Booth replied: "Reverend Sir: Yours received. In reply would say there is no door in the theatre through which God cannot see."

CLIMATIC EFFECTS.

Some people have constitutions which adapt themselves to new climates more readily than others, but the processes are slow, especially where the atmospheric conditions are unfavorable to health. The interval which elapses before the system becomes reconciled to the change, is fraught with considerable danger. But hurtful climatic influences fail to produce any impression where the constitution is shielded by the use of HOSTETTER'S STOMACH BITTERS, protected by this admirable medicine, thousands of persons are living year after year in those portions of the South and West most frequently visited by malaria, unaffected by any of the various types of diseases which afflict inhabitants of the same regions, not provided with such a defence.

The Bitters are the most reliable

means which medical discovery and experience have yet found for neutralizing the dangerous influences of miasmatic air and unwholesome water, as they effectually preserve the regularity of the liver and bowels, and tone the stomach which it is the primary effect of those excitants of disease to throw into disorder.

Emigrants, tourists and persons about to visit foreign lands will do well to provide themselves with Hostetter's Stomach Bitters. The traveler may be said to journey under safe convoy who carries them with him, for he always has that sense of security from attacks of diseases of these types, then the Bitters tone up the system so well, that it takes away that worn-out feeling, so incident to long journeys, delays, and night travel, without the proper amount of rest.

From S. L. SUTTON, St. Georges, Del., July 13, 1906:

Gentlemen—I cheerfully recommend your Hostetter's Stomach Bitters for general debility and stomach complaint. I have had a number of physicians attending me; none seemed to do me very much good. I tried various kinds of patent medicines and did not get very much relief. A friend said to me, "Did you ever try Hostetter's Stomach Bitters?" I did so, and it did me so much good I can cheerfully recommend it to any person suffering with indigestion, stomach trouble and general debility. It is an excellent tonic.

A HISTORICAL PROBLEM.—One of the pupils in a certain school was reading aloud from her history. "Now James I came after Elizabeth," she said, when up popped a little hand, and a piping voice from the rear of the room asked: "Pleathe tell us, teacher, what James went after Elizabeth for?"

WHAT John Boyle O'Reilly said of Wendell Phillips might well be said of all patriots. For him—

There were no creeds to be outlawed,
No color of skin debarred.
Mankind is one in his rights and wrongs;
One right, one hope, one guard.
By his life he taught; by his death we learn
The great reformer's creed;
The right to be free and the hope to be just
And the guard against selfish greed.

A WELL-KNOWN physician says that water plays a three-fold service in the body. "It feeds it, washes it, and carries away the cinders of its waste matter. Through the want of water we are exposed to many and great dangers—the tissues become dry, the blood thick, its flow sluggish and the retained waste of the body sets up a condition of self-poisoning."

FEELING ILL.

A FEELING of vague bodily discomfort, which does not amount to positive illness and yet is incompatible with health, is often aptly described by the phrase "not very well."

This feeling usually arises from a deficiency of the nervous power which is required to keep the vital machinery in vigorous and healthful operation.

Persons who are "not very well," though they would fain be better, are very prone, either because they are pre-occupied by business, or consider their symptoms too trifling to necessitate a recourse to medicine—to utterly neglect this warning of approaching danger.

That it is a grave one, and the danger very real, is unquestionable. Nervous

weakness has too frequently turned out to be the prelude of some serious malady to admit of any doubt in the matter. Inactivity of the bodily functions as surely begets their derangements as cause precedes effect.

It is therefore absolutely essential for the preservation of health, perhaps of life itself, that this warning should be promptly heeded. The case does not admit of delay. Revitalize the system at once and effectually with **Hostetter's Stomach Bitters**—that Peerless Invigorant, which, by infusing new health and strength into the system, protects it against disease more surely than ever Knight of old was protected by armor of proof against his foe.

DAILY THOUGHT.

"I live for those who love me,
For those who know me true,
For the heaven that smiles above me,
And waits my coming too;
For the cause that needs assistance,
For the wrongs that need resistance,
For the future in the distance;
For the good that I can do."

To TELL the points of the compass by a watch: point the hour hand at the sun. Then south is half-way between the hour hand and the figure 12 of the dial.

How HE HAPPENED TO BURN IT.—Many interesting neighbors drop in and chat with Mark Twain when he is at his summer home near Elmira. A small boy turned up not long ago with his hand wrapped in a bandage. Mr. Clemens expressed concern and asked the cause. "Laid it on a red-hot stove and forgot to take it off," was the terse reply.

CHEERFULNESS is an excellent wearing quality. It has been called the bright weather of the heart. It gives harmony to the soul, and and it is perpetual song without words—it is tantamount to repose. It enables nature to recruit its strength, whereas worry and discontent debilitate it, involving constant wear and tear.

From CHAS. STAILEY, Warrensburg, Mo.
March 16, 1906:

Gentlemen—I have been ailing for a number of years with indigestion and stomach trouble. It so greatly debilitated me, that I was scarcely able to attend to business; no appetite, and what little I did eat did not properly digest. I used several remedies, but all of no benefit. So I was recommended to try Hostetter's Stomach Bitters, of which I have used several bottles in the last year, and it did so much good in the way of giving me a good appetite and strength, that I can cheerfully recommend Hostetter's Bitters for general debility in all cases.

THE number of soldiers engaged in the war of the Revolution was 184,033; in the war with France, 3,216; in the war of 1812, with Great Britain, 236,730; in the Seminole war in Florida, 22,795; in the Mexican war, 78,713; in the rebellion, 2,213,363; in the Spanish war, 312,000; in the Philippines, 149,438.

MME. PATTI wrote in a Boston album: "Go to strangers for charity, acquaintances for advice, and to relatives for nothing, and you will always have a supply." The sweet singer probably speaks from experience.

DANGEROUS RHEUMATISM.

RHEUMATISM is caused, according to the best medical authorities, by an acid impurity of the blood, which being deposited upon the sensitive tissue that unites the joints and covers the muscles, irritates it, producing tortures which characterize the disease, and which, in its inflammatory form, are perhaps the most agonizing that one can endure.

Some of the most powerful drugs have been used in this disease. Colchicum, a poisonous drug, a few grains of which produce spasms of the heart and death, and veratrum, which is almost as pernicious and equally powerless, are resorted to ineffectually, to expel the rheumatic virus from the system. They produce only temporary relief and cause disorder of the stomach and bowels.

The permanent relief these drugs fail

to afford may be obtained from **Hostetter's Stomach Bitters**, which impel the kidneys to perform their secretive functions—the means provided by Nature for straining from the blood its various impurities, and among them the active germs of rheumatism and gout. Considering what an obstinate disease rheumatism is, when it has fully developed—when it has obtained a hold upon the system, the advisability of a course of the Bitters as soon as the first symptoms manifest themselves, is sufficiently apparent. All remedies, however potent to overcome disease, achieve that result with greater facility when the malady is in its infancy.

The Bitters will be found deserving of public confidence, and the commendation of which it is made the subject,

From H. J. CHAPMAN, M. D., Speed, Kan.,
February 13, 1906:

Dear Sirs—It gives me pleasure to say I regard your Hostetter's Stomach Bitters as a superior medicine to most preparations of this nature placed upon our markets, and believe its true formula printed on the label would not injure the sale of it in the least. Will say further it is a splendid seller, and has given satisfaction in every instance. I ever sold a bottle, and that I have never heard a word of complaint about Hostetter's Bitters in my life.

How THE DOG WAS SAVED.—A lady who was lunching on a railroad train with a little boy and dog, suddenly discovered that her little boy was offering a bit of pickle to the dog that was sharing his meal with him. In great alarm and in tones which revealed deep solicitude for the dog, the lady exclaimed, "Stop, Tommy. Don't feed that pickle to the dog. It will make him sick. Eat it yourself."

As PAT HOGAN sat enjoying his connubial bliss upon the banks of a southern creek, he espied a turtle emerging from the stream. "Och hone!" he exclaimed solemnly, "that iver I should come to America to see a snuff-box walk." "Whist," said his wife, "don't be after makin' fun of the birds."

From J. K. ALLENDER, Paulding, O., June
27, 1906:

Dear Sirs—After suffering for four years with indigestion and neuralgia of the stomach, I have effected a complete cure with Hostetter's Stomach Bitters.

It is a curious fact that flies will not pass through netting, even though the meshes be quite large, unless there is a source of light, as from a window, behind it. Thus, in rooms with windows only on one side, a net over the window will absolutely keep the flies out, although the meshes of the net may be an inch apart.



THE ENTIRE QUOTATION.

She had just stepped on his foot getting off a crowded car, and as the pain subsided he said ungallantly:—

“Where angels fear to tread”——

“Fools rush in,” she gently retorted.

SHE TOLD HIM SO.

A physician took it into his head to go hunting, and started out bright and early on a beautiful October morning, fully armed for game.

About four o'clock in the afternoon he returned, tired out and empty-handed, telling his wife he hadn't killed a thing, whereupon she remarked triumphantly:

“I told you so,” adding, in the next breath: “If you had stayed at home and attended to your legitimate business you might have been more successful.”

From W. D. Cox, Sebree, Kentucky, April 21, 1906:

Dear Sirs—I have been for the past eight years greatly troubled with stomach and bowel ailment, but after using 8 bottles of Hostetter's Stomach Bitters I am glad to say that I am now a well man and feel like (although 47 years old,) I have a new lease on life, and feel as well as I did when I was 21 years old.

From JAS. A. COLE, M. D., Timmons ville, S. C., March 29, 1906:

Dear Sirs—I have been handling your Hostetter's Stomach Bitters for the past fifteen years, and I can with pleasure say that I have found it to be a most excellent medicine to build up, and you might say, rejuvenate that class of patients whose general health has run down from various causes; but most especially in nursing mothers in the spring and early summer. I don't think that it has ever failed me in such cases.

TO TELL IF MILK HAS BEEN WATERED.

A simple method of testing whether milk has been watered is to take a well-polished knitting needle and dip it into a deep vessel of milk and withdraw it immediately.

If the milk is unwatered some of the fluid will adhere to the needle, but if it has been watered in the least degree the needle will come out quite free of milky fluid.

ROBUST HEALTH.

PLACE a drop of healthy blood under a microscope and notice the number of tiny corpuscles or sacs of an oval shape. Upon the plentitude of those corpuscles in the vital current, depend its nourishing properties.

If they are deficient in quantity, and exhibit a pale red rather than a bright scarlet tint, the blood is thin, the cuticle lacks tone, the pulse is feeble, and the face has a sallow, death-like expression, the muscles are incompact and feeble, and the frame weak. Those who wish an active digestion, such as the lean and cadaverous women of fragile constitution and slender physique, and those whose systems are threatened with premature decay, should not fail to use that sterling invigorant, **Hostetter's Stomach Bitters**; which, besides conquering the cause of physical over-throw, and increasing the life-sustain-

ing corpuscles of the circulation, remedies the abnormal pallor and excessive leanness which indicate that the blood needs enriching. In consequence the strengthening and regulating influence of this supremely beneficial medicine, is not only felt but made visible. Also, its effect is permanent. It does not drug pain, or relieve for a time only. It produces solid flesh, restores the appetite, strengthens the nerves, purifies the blood, tones up the stomach and fills the body with the rich vitality of healthy youth.

Persons who use it not only are, but look vigorous and healthy. Its taste is inoffensive to the most delicate palate; it is pleasantly stimulating without being an excitant, and on account of the purity and beneficence of its ingredients is infinitely preferable to other tonics.

STILL HE HAD THE GRIP.—A certain physician told some of his patients that as long as they kept their feet dry they would be safe from an attack of the grip. One day he was surprised to receive a letter from a patient in which the latter said he had two wooden legs and yet he had had the grip for five consecutive years.

NOT ACCORDING TO HIS LOGIC.—An Irishman and a Frenchman were disputing over the nationality of a friend of theirs. "I say," said the Frenchman, "that he was born in France; therefore he is a Frenchman." "Not at all," said Pat, "begorra, if a cat should have kittens in the oven would you call them biscuits?"

WHY HE COULDN'T COME OUT.—"Hello, Jack," called out little Harry; "is Tommy in the house?" "Course he is. Don't you see his shirt on the line?"

STILL in mutual suffrance lies

The secret of true living;
Love scarce is love that never knows
The sweetness of forgiving.

WHITTIER.

SOUND will travel through steel at the rate of 15,470 feet per second; through iron, 16,822 feet; fir wood, lengthwise the fiber, 15,218 feet; white pine, 17,260 feet; air (15° C.), 1,120 feet.

You can no more filter your mind into purity than can you compress it into calmness; you must keep it pure if you would have it pure, and throw no stones into it if you would have it quiet.—RUSKIN.

GLUE that is both damp and waterproof is easily made. Take ordinary glue, soak it in water till quite soft, then put in a jar with a little linseed oil and stand on the stove till melted.

THE PROGRESS OF THE HEALING ART.

It would be an interesting study to compare the methods in vogue by the Faculty fifty or more years ago and those followed at the present time. They were very diverse in their course of treatment, as well as in their final effects. This is but saying that during the intervening time, an age of great enterprise and invention, the medical profession, always one of the most conservative bodies in the country, has kept pace with the procession, and are now enjoying the fruits of this revolutionary or evolutionary activity. The trend of all treatment now is in the direction of letting Nature work its own cure, only helping the diseased organs over the rough road to permanent improvement. These methods are illustrated in matters of diet, exposure to fresh air, and the sending of patients, when sufficiently convalescent to travel, to some resort away from the echoes of business, to climb some mountain height, or splash in the surf of the sea. It has proven a more humane and effectual procedure, and has added to the average length of life by at least five years.

The discovery of **Hostetter's Stomach Bitters**, by an eminent physician, in the early fifties proved an efficient aid in winning back to health thousands of invalids whom the accepted formulas failed to rescue. It gained immediate recognition with the public, and it has continued through all these years to be a potent factor in the medicine chests of hosts of families in all parts of the country. Those sections infested with malaria recognize its healing powers, rendering the system immune from the pestilence bred in the swamps and bayous of the South and West, and it has proved itself an antidote against impure and brackish water, the use of which promotes the spread of typhoid and other fevers to such an alarming extent.

THE PEOPLE FAR AND WIDE

Recognize the fact that **HOSTETTER'S STOMACH BITTERS** is a sovereign antidote to malarial poison in the system, and preventative of fever and ague, and bilious remittent—also, that it eradicates dyspepsia, liver complaint, constipation and other ailments of frequent occurrence. It is largely exported to South America, Mexico and other tropical countries, its popularity is ever on the increase there as well as here, and the growing competition of other medicines of the same class, only serves to render more conspicuous the superiority of **AMERICA'S CHIEF TONIC**. We confidently recommend it to that portion of the public who are suffering from any of the complaints for which it is peculiarly adapted, as described in the preceding pages of this Almanac.



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Hostetter's Business Calendar.

1909	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1909	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1909	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Jan.	1	2	May	1	Sept.	5	6	7	8	9	10	11	
	3	4	5	6	7	8	9		2	3	4	5	6	7	8		12	13	14	15	16	17	18	
	10	11	12	13	14	15	16		9	10	11	12	13	14	15		19	20	21	22	23	24	25	
	17	18	19	20	21	22	23		16	17	18	19	20	21	22		26	27	28	29	30	
	24	25	26	27	28	29	30		23	24	25	26	27	28	29		Oct.	
	31		30	31		3	4	5	6	7	8	9	
Feb.	..	1	2	3	4	5	6	June	1	2	3	4	5		10	11	12	13	14	15	16	
	7	8	9	10	11	12	13		6	7	8	9	10	11	12		17	18	19	20	21	22	23	
	14	15	16	17	18	19	20		13	14	15	16	17	18	19		24	25	26	27	28	29	30	
	21	22	23	24	25	26	27		20	21	22	23	24	25	26		31	
	28		27	28	29	30		Nov.	..	1	2	3	4	5	6
Mar.	..	1	2	3	4	5	6	July	1	2	3		7	8	9	10	11	12	13	
	7	8	9	10	11	12	13		4	5	6	7	8	9	10		14	15	16	17	18	19	20	
	14	15	16	17	18	19	20		11	12	13	14	15	16	17		21	22	23	24	25	26	27	
	21	22	23	24	25	26	27		18	19	20	21	22	23	24		28	29	30	
	28	29	30	31		25	26	27	28	29	30	31		Dec.	1	2	3	4
April	1	2	Aug.		5	6	7	8	9	10	11	
	4	5	6	7	8	9	10		1	2	3	4	5	6	7		12	13	14	15	16	17	18	
	11	12	13	14	15	16	17		8	9	10	11	12	13	14		19	20	21	22	23	24	25	
	18	19	20	21	22	23	24		15	16	17	18	19	20	21		26	27	28	29	30	31	..	
	25	26	27	28	29	30	..		22	23	24	25	26	27	28		
		29	30	31	

W. S. WAUGH,
WATKINS, N. Y.

DEALER IN

Hostetter's Celebrated Stomach Bitters.

DRUGS, MEDICINES, CHEMICALS,

Fine Toilet Soaps, Brushes, Combs, etc.

PERFUMERY AND FANCY TOILET ARTICLES

IN GREAT VARIETY.

PHYSICIANS' PRESCRIPTIONS ACCURATELY COMFOUNDED.